



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# SILVERTON Y CAMP

## SILVER FALLS FAMILY YMCA

# Parent Packet

Summer 2020

# Welcome!

Hello,

I am very excited to bring a summer of fun to Silverton through our day camps. In this Parent Packet you will find everything you need to know to prepare your camper for their week(s) at camp.

A little about the Director— My name is Crystal Cram or in the summer camp world I am commonly referred to as 'Pretzel'. My main passion in life is providing fun and enriching programs to youth as well as health & fitness to adults. For the past 10 years I have been working for the Salem Family YMCA at our local overnight camp, YMCA Camp Silver Creek located deep within Silver Falls State Park. Unfortunately it was decided for us that overnight camps in Oregon are not allowed to operate this summer. While saddened to not spend this summer at CSC, I am very excited to take this opportunity to build the YMCA Day Camps in Silverton!

Our camp sessions focus on a specific 'theme'. Each week will consist of arts & crafts, singing around a 'campfire', s'more making, sports, active and non active games, creek walking, adventures to local businesses, scavenger hunts and creating new friendships! We are hoping that as Oregon reopens, we will be allowed to integrate the pool and/or hiking at Silver Falls into our weekly schedule.

Campers will be sent home with a weekly itinerary on Monday that will outline what they will need to bring each day in order to be successful and prepared for our daily activities and adventures.

Please reach out to me should you have any questions or concerns. I can be reached via e-mail at [ccram@theYonline.org](mailto:ccram@theYonline.org)

I look forward to our summer together.



Crystal Cram (Pretzel)  
Camp Director  
Silverton Y Camp  
YMCA Camp Silver Creek



# Session Dates

Session #	Dates	Theme
Session 1	_____	
Session 2	6/29-7/3	Around the World
Session 3	7/6-7/10	Mythological Madness
Session 4	7/13-7/17	Winter in July
Session 5	7/20 - 7/24	Jr. Park Rangers
Session 6	7/27-7/31	Olympics
Session 7	8/3-8/7	Galaxy Quest
Session 8	8/10-8/14	Mission Impossible
Session 9	8/17-8/21	Messy Camp

# Prices

**YMCA Member \$155**

**Non-member \$225**

- All prices are per week, per camper.
- To register for camp, visit **[www.theYonline.org](http://www.theYonline.org)**  
—> programs & services —> program registration —> login/signup
- There is a \$50 deposit at the time of registration.
- Total balance is **due 10 days prior to the start of camp**, but you may pay at any time prior to that date.
- All summer program fees are non-refundable and transfer fees may apply to any changes in registration.

**Program Closures & Cancellations Due to Low Enrollment:** COVID-19 has presented some unique challenges. As the YMCA works to revive Summer Day Camp & Summer Child Care programs, it is important that YMCA programs remain viable so that they can continue to operate. **The YMCA reserves the right to close and cancel any program that is not meeting its minimum enrollment requirements. If a program session or a complete program needs to close, the YMCA will make every attempt to notify the parent/guardian or authorized representative as soon as possible so that other arrangements can be made.**

# Themes

## Around the World

June 29–July 3

All aboard our airplane as we travel to different countries Around the World! Campers will spend each day learning about different cultures and their traditions- such as Mexican metal art, traditional Indigenous games played in Australia, how to make a Chinese abacus and create their very own Russian Faberge Eggs. Our goal is to introduce and explore diversity among our youth all while filling their minds and their passports with a passion to one day travel the world!

## Mythological Madness

July 6–10

Calling all aspiring goblins, mermaids, woodland fairies, bridge trolls, Greek Goddesses, witches and wizards!! Each day our Mythological Madness campers will adapt to a different characters' lifestyle as they conquer daily quests in the magical Coolidge McClain forest. Campers will work both together and individually to earn 'house points' for their cabin group. Costumes strongly encouraged.

## Winter in July

July 13–17

Do you want to build a snowman? Campers will spend their week engaged in snowball fights, tree decorating competitions, ice-sledding down the grassy hills of Silverton along with making many, many... many variations of snowflakes. The week will end with The Great Candy Cane Hunt that will take campers around Silverton to gather candy canes and spread Holiday Cheer to our community.

## Junior Park Rangers

July 20–24

Do you have what it takes to become a Jr. Park Ranger? Our rangers in training will learn basic camping skills such as how to pitch a tent, fire building and safety, plant identification and how to roll a sleeping bag-in the form of a relay race. This week will hopefully include a special visit to Silver Falls State Park to meet with some of the best Park Rangers around (if not, we will invite the rangers to come meet us). A fun mix of outdoor education, nature appreciation and of course, leaving this week as a s'more making pro!

## Olympics

July 27–31

Go for the gold! While the official 2020 Summer Olympics may not be happening this year, our campers will still get to compete in our own version of the Y Olympic Games! We promote healthy competition with our kiddos as they strive to meet new challenges and accomplish their goals through various active and non-active activities. Our week will finish with an award ceremony honoring all of our participants.

## Galaxy Quest

Aug 3–7

Blast off into a different dimension as we explore our solar system to see if aliens are really real! Is there life on Mars? Can we dance on the rings of Saturn? Campers will surely find out as they complete missions by way of space shuttles and constellation identification. Get ready for a week of moon rocks, galaxy slime and perfecting your lightsaber skills in this all-alien-inclusive camp!

## Mission Impossible

Aug 10–14

Filled with mystery and adventure; our Mission Impossible campers will learn what it takes to be a pirate, secret agent and maybe even a ninja! This action packed week will be filled with scavenger hunts, de-coding secret messages, and a ninja training course. The week will end with our campers putting their newfound skills to the test to solve a mystery SO BIG, it will take collaboration with many local Silverton businesses to help them out!

## Messy Camp

Aug 17–21

It's exactly what it sounds like. Campers will spend 5 days straight making some of the biggest messes you've ever seen. From making their own slime, shaving cream twister, mud body paint to frosting covered faces dipped in sprinkles; this week will be nice and filthy. Messy Camp is not for the faint of heart or those who are afraid to get a little paint under their nails. Be sure to send your camper with a change of clothes...better make that two!

# Daily Schedule

**8:00–8:30** Check-in, Free play

**8:30–9:00** Values

**9:00–9:15** Camp Games

**9:15–9:30** Transition

**9:30–10:30** Activity 1

**10:30–10:45** Transition & Snack

**10:45–11:45** Activity 2

**11:45–12:00** Transition

**12:00–12:30** Campfire!

**12:30–1:00** Lunch

**1:00–1:30** Rest Time

**1:30–3:30** Daily Adventure

**3:30–4:30** Twilight Game

**4:30–5:00** Check-out, Free play

## Check-in/Check-out

For check-in and out procedures, details are provided on the following page.

## Values

We focus on teaching the YMCA's core values: Respect, Responsibility, Honesty and Caring as well as demonstrate how campers can use those values in their everyday life.

## Camp Games

Campers learn and play some of our favorite energetic camp games while maintaining a safe distance within their cabin groups.

## Transition

We encourage campers to use the bathroom and hydrate in between each activity. Snacks are also encouraged to maintain energy.

## Activities

Planned activities that correlate with the theme of the week; from arts& crafts to high intensity games that promote teamwork.

## Campfire

Lights! Camera! Action! Sign-up to sing a song, lead a skit or tell us a story. Campers are encouraged, but not required, to perform with their cabin groups or solo while gaining confidence and social skills. We apologize in advance for the sing-songy car ride home...

## Rest Time

This is the time for our campers to take some time to relax. Puzzles, small crafts and card games will be provided to keep campers entertained. Cloud watching is also welcomed!

## Daily Adventure

From creek walks to scavenger hunts- Staff will lead campers on adventures around Silverton to explore and engage further in their weekly theme. Upon our pool opening, this will be the time for campers to swim and if transportation guidelines allow, adventure to Silver Falls State Park on occasion.

## Twilight Games

Capture the Flag! Alien Hunt! Noodle Tag! Get ready for costumes, face paint and Twilight games bring the whole camp together, while still maintaining a safe distance.

# Check-in/Check-out

All campers must be checked in/out by their parent/legal guardian unless prior arrangements have been made with the Camp Director.

**Drop Off time:** 8-8:30am

**Location:** Silverton Pool  
601 Miller st.

- Upon arrival, you will be greeted by our staff. Here is where you will meet your campers camp counselor.
- Health forms must turned in Monday. Extra copies available on site.
- Campers must be signed in each day.
- Activities begin promptly at 8:30am

**Pick Up time:** 4:30-5pm

**Location:** Silverton Pool  
601 Miller st.

- Valid photo identification is required in order to release camper.
- Only adults listed on health form may pick up child. Including carpools.
- If camper needs to leave early, please call Silverton Pool at 503.873.6456 to arrange pick-up with Camp Director
- Camp staff leave promptly at 5pm.

## What to Bring?

### Daily

- Sack Lunch
- Water bottle
- Backpack
- Sunscreen
- Tennis shoes or
- Sandals w/ backstrap

### Optional

- Cloth mask
- Light rain jacket / sweater
- Personal sized hand sanitizer
- Snack

### PLEASE LEAVE AT HOME

Electronics

(this includes phones, music players & tablets)

Personal toys/items from home

Flip Flops

Weapons or Explosives

(scissors, knives, fireworks, lighters...)

**Camp is not responsible for any lost or broken items.**

# Y-Values

**Respect**

**Responsibility**

**Honesty**

**Caring**

In order to create a safe and fun camp environment, we ask campers to follow three basic directions:

## **Respect Yourself**

Maintaining hygiene, speaking kindly about oneself, following rules.

## **Respect Others**

Hands to yourself, speaking kindly to others, respecting personal property.

## **Respect Camp**

Causing no harm to camp gear, buildings, trails, respecting activities at camp.

\* If your child has any behavioral or emotional concerns or diagnosis that may impact his/her experience at camp, please contact the Camp Director so we can create a plan so he/she can have an excellent experience at camp.

# Bullying

**We have a no tolerance policy for bullying.**

We define bullying as physical (hitting, tripping), verbal (name-calling, belittling, humiliating), and social (exclusion, coercion). Camp will not tolerate these behaviors in person or via electronic devices.

We recognize that conflict between children can occur and we work to provide children opportunities where they can be socially successful. We train our staff to recognize bullying behavior which is not necessarily a single event but can escalate into multiple events. Our staff have been trained on how to provide clear expectations for campers, guide campers to make positive choices, and be consistent while working with campers.

If a child is unable to follow camp rules or participates in escalating bullying behavior, he/she will work with their counselor, unit director, and then, the Camp Director in order to solve the situation that is occurring.

We will make every effort to meet the needs of the campers and seek a solution for a positive camp experience. Parents will be notified if a camper is not being successful in following rules at camp. **On occasion, campers who choose to continue disregarding camp rules will be dismissed from camp and camp fees will not be refunded.**

# Health & Safety

We understand that Covid-19 is a large concern for many this summer. We aim to do our absolute best to provide a safe and healthy environment for our campers, staff and Silverton community by following guidelines set by the Oregon Health Authority and The CDC.

## Masks

According to the OHA, a face mask, face shield, or face covering cannot be required for use by children. Camps cannot restrict access to activities and instruction for children who cannot wear a mask, face shield, or face covering.

- Campers: mask wearing is not required, but strongly encouraged
- YMCA Staff: required at all times when interacting with campers/other staff

## Screening

### Questions

Each day campers/parents will be asked a series of screening questions before admittance to our program.

- Has your child experienced a fever of 100.4 degrees or higher within the last 72 hours?
  - Has your child experiences persistent coughing within the last 72 hours?
  - Has your child had shortness of breath or difficulty breathing within the last 72 hours?
  - Has your child had contact with anyone having lab-confirmed case of COVID-19 within the last 14 days?
- ⇒ If the child has had a fever, persistent cough, and/or shortness of breath within the last 72 hours, but has not been exposed to someone known to have a lab-confirmed case of COVID-19, they may not attend the Silverton Y Camp.

**Before re-admittance**, your child(ren) must be free of all symptoms without the aid of medicine (unless noted otherwise by a doctor) for 72 hours before a child can return to any YMCA programs.

- ⇒ If the child has been in contact with someone known to have a lab-confirmed case of COVID-19, they may not attend the Silverton Y Camp.

**Before re-admittance**, the child must wait 14 days from the last point contact with anyone with a lab-confirmed case of COVID-19.

## Temperature Checks

Each day campers will take their temperature before admittance to our program.

- Temperature must read **between 95-100.4 degrees**
- Any temps above or below will be asked to go home and follow direction above.

## Social Distancing

All camp activities have been modified to ensure a minimum 6 foot distance is maintained at all times between campers and staff.

- Campers will be in cohorts or 'cabin groups' of no more than 10 and will stay in those same groups throughout the week. This includes their designated counselor.
- Programming will include games that discourage touching and encourage safe play.

## Sanitation

Silverton Y Camp will be following all sanitation protocols put in place by the CDC.

### Handwashing

- **Staff** will be asked to wash their hands in the following circumstances - moving from one space to another, after wearing gloves, after cleaning any object or space, after coughing or sneezing, after toilet use and before/during/after preparing and/or eating food.
- **Campers** will be asked to wash their hands upon arrival to the Silverton Y Camp, during each transition period, after toilet use, before and after eating food, in between activities and before check-out each day.
- **Campers and Staff** are encouraged to bring and use hand sanitizer after handwashing as well for extra preventative measures. Hand sanitizer will be made available at all times when soap & water are not.

### Surfaces

- All hard surfaces will be cleaned first with soap & water and followed by disinfectant.
- All objects handled by campers/staff will be disinfected and followed by sanitizer.
- Items that are commonly shared such as arts & crafts supplies and sports equipment will remain solely within each cabin group and disinfected daily.

# Medications

Medications your child needs will be turned over to our Camp Director at Check-in. This includes all prescription and nonprescription medications such as vitamins, creams and pain killers. Please note, we are required to dispense medications from their original container and follow directions as provided on the label. We recommend any morning or evening meds be taken at home if at all possible.

Some families consider taking a "medication vacation" while at camp. We strongly encourage campers to remain on their regularly scheduled medications while at camp. While at camp, a child's routine is different than at home and continuing on medications allows children to have the most successful experience.

Children who carry an epi-pen or an inhaler should bring 2, one for their designated staff member and one to carry with them.

# Thank you!

We look forward to a great summer at our Silverton Y Camp.

Should you have any questions, please reach out to our  
Camp Director at [ccram@theYonline.org](mailto:ccram@theYonline.org)