



Silver Falls Family YMCA

601 Miller St, Silverton, OR 97381 (503) 873-6456 www.theYonline.org Facebook.com/silverfallsymca

Pool Schedule: February 11th, 2019 - June 2nd, 2019

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday			
6:00	Lap Swim					Closed		6:00		
6:30								6:30		
7:00								7:00		
7:30								7:30		
8:00	Aquacise (8-9) Limited Lap Swim Stretch & Tone (9-10)			Limited Lap Swim Self Led Aquacise				Closed		8:00
8:30										8:30
9:00										9:00
9:30										9:30
10:00	Swim Lessons Limited Lap Swim	Lap Swim Limited Open Swim	Swim Lessons Limited Lap Swim	Lap Swim Limited Open Swim				Closed		10:00
10:30										10:30
11:00						11:00				
11:30						11:30				
12:00	Lap Swim Limited Open Swim					Lap Swim Private Lessons (12-2p)				12:00
12:30										12:30
1:00	Pool and Office Closed (1-3:30p)									1:00
1:30						1:30				
2:00						Open Swim (2-4p)				2:00
2:30										2:30
3:00	3:00									
3:30	SFR Swim Team (3:30-5p) Limited Open Swim Limited Lap Swim					Closed Available for Rental (4-6p)		3:30		
4:00								4:00		
4:30								4:30		
5:00								5:00		
5:30	Swim Lessons Limited Lap Swim Aquacise	Limited Open Swim Limited Lap Swim Aquacise	Swim Lessons Limited Lap Swim Aquacise	Limited Open Swim Limited Lap Swim Aquacise	Limited Lap Swim Self Led Aquacise Limited Open Swim			Closed Available for Rental (4-6p)		5:30
6:00										6:00
6:30										6:30
7:00										7:00
7:30					Available for Rental (7-8p)			Closed Available for Rental (4-6p)		7:30
8:00										8:00

Showers are required before entering the Pool.

Limited Open Swim occurs in our two family pools only.

