

GYMNASIUM SCHEDULE

THROUGH DECEMBER 20, 2025



	SUNDAY		MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		SATURDAY	
TIME	Court 1	Court 2	Court 1	Court 2	Court 1	Court 2	Court 1	Court 2	Court 1	Court 2	Court 1	Court 2	Court 1	Court 2
5: 00AM			Open Gym 5-6AM		Open Gym 5-10AM		Open Gym 5-6AM		Open Gym 5-10AM		Open Gym 5-6AM			
6: 00AM			Adult Pick Up Basketball 6-8AM				Adult Pick Up Basketball 6-8AM				Adult Pick Up Basketball 6-8AM			
7:00AM							Pickleball 8-11AM				Pickleball 8-11AM		Pickleball 8-11AM	
8:00AM			Reserved for Child Care 10:15-10:50AM								Reserved for Child Care 10:15-10:50AM		Reserved for Child Care 10:15-10:50AM	
9:00AM														
10:00AM			Open Gym 11AM-12PM				Open Gym 11AM-12PM				Open Gym 11AM-12PM			
11:00AM			Adult Pick Up Basketball 12-2:45PM		Family Gym 11AM-7PM		Adult Pick Up Basketball 12-2:45PM		Family Gym 11AM-7PM		Adult Pick Up Basketball 12-2:45PM			
12:00PM							Family Gym 11AM-7PM		Family Gym 11AM-7PM					
1:00PM	Pickleball 1-3PM		Reserved for Child Care 3-3:45PM				Reserved for Child Care 3-3:45PM		Reserved for Child Care 3-3:45PM					
2:00PM	Family Gym 3-4:30PM						Reserved for Child Care 3-3:45PM		Reserved for Child Care 3-3:45PM					
3:00PM	Open Gym 4:30-6:15PM		Youth Basketball Program* 5PM-8PM				Youth Basketball Program* 5PM-8PM		Youth Basketball Program* 5PM-8PM					
4:00PM														
4:30PM	Adult Volleyball 4:30-6:15PM		Open Gym 7:30PM-9:15PM				Adult Volleyball 7:30PM-9:15PM		Open Gym 7:30PM-9:15PM		Open Gym 7:30PM-9:15PM			
5:00PM														
5:30PM														
6:00PM			Open Gym 7PM-9:15PM		Open Gym 7:30PM-9:15PM		Open Gym 7PM-9:15PM		Open Gym 7:30PM-9:15PM		Open Gym 7PM-9:15PM			
6:30PM														
7:00PM														
7:30PM														
8:00PM														
8:30PM														
9:00PM														
9:15PM														

Key:

Adult Pick Up Basketball:
16+ years/skill level,
full court games.

Family Gym:
All ages,
no full court games.

Open Gym:
All ages,
may play full court
pick up games.

Adult Volleyball:
14+ years/skill level,
pick up game, half
courts.

***REGISTRATION
REQUIRED**



**WE'RE WITH YOU
FOR LIFE!**

Withnell Family YMCA
685 Court St NE
Salem OR 97301

503.581.9622
theyonline.org