



WITHNELL FAMILY YMCA

Fall Pool Schedule | September 1st – October 4th

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY		
5:00AM	CLOSED					CLOSED			
5:30AM	LAP SWIM (5:30–7AM)								
6:00AM									
6:30AM									
7:00AM	*Limited Lap/ Fitness (7–8AM)					LAP SWIM (7–8:30M)			
7:30AM									
8:00AM	AQUA FITNESS (8–9AM)				*LIMITED LAP (8–9AM)	LESSONS (8:30–12PM)			
8:30AM									
9:00AM	*Limited Lap/ Fitness (9–11AM)								
9:30AM									
10:00AM									
10:30AM									
11:00AM	AQUA FITNESS (11AM–12PM)				*LIMITED LAP (11–12PM)				
11:30AM									
12:00PM	Lap Swim (12–1:30PM)					*LIMITED LAP & PRIVATES (12–1PM)			
12:30PM									
1:00PM									
1:30PM	Pool Closed (1:30–3:30PM)					FAMILY AND OPEN SWIM (1–6:30PM)	LAP SWIM (1–2PM)		
2:00PM									
2:30PM									
3:00PM									
3:30PM	Open Swim(3:30–5PM)						Family Swim (2–3:30PM)		
4:00PM									
4:30PM									
5:00PM	Lap Swim(5–6PM)					Open Swim (3:30–6PM)			
5:30PM									
6:00PM	Swim Team (6–8PM)				Swim Team (6–7PM)	CLOSED 6:30PM	CLOSED 6PM		
6:30PM									
7:00PM									
7:30PM									
8:00PM	ADULT SWIM (8–9PM)	OPEN SWIM (8–9PM)	ADULT SWIM (8–9PM)	OPEN SWIM (8–9PM)	Family Swim (7–9PM)				
8:30PM									
9:00PM	CLOSED 9PM								