



| | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY | SUNDAY |
|---------|--|----------------------|--------------------------|----------------------|------------------------------------|----------------------------------|------------------------------|
| 5:00AM | Closed | | | | | Closed | |
| 5:30AM | Lap Swim (5:30–10AM) | | | | | | |
| 6:00AM | | | | | | | |
| 6:30AM | | | | | | | |
| 7:00AM | | | | | | | |
| 7:30AM | | | | | | | |
| 8:00AM | | | | | | | |
| 8:30AM | | | | | | | |
| 9:00AM | | | | | | | |
| 9:30AM | | | | | | | |
| 10:00AM | | | | | | *Limited Lap (10–11AM) | Aqua Fitness (10AM–11AM) |
| 10:30AM | | | | | | | |
| 11:00AM | Aqua Fitness (11AM–12PM) | *Limited Lap (11AM) | Aqua Fitness (11AM–12PM) | *Limited Lap (11AM) | | | |
| 11:30AM | | | | | | | |
| 12:00PM | 2 Lanes Limited Lap* 2 Lanes Open Swim (12–1:30PM) | | | | | *Limited Lap & Privates (12–1PM) | |
| 12:30PM | | | | | | | |
| 1:00PM | | | | | | | |
| 1:30PM | Closed for Community Partners (1:30–3:30PM) | | | | | Family and open swim (1–6:30PM) | Lap Swim (1–2PM) |
| 2:00PM | | | | | | | |
| 2:30PM | | | | | | | |
| 3:00PM | | | | | | | |
| 3:30PM | Open Swim (3:30–5:30) | | | | | | Family and Open Swim (2–6PM) |
| 4:30PM | | | | | | | |
| 4:30PM | | | | | | | |
| 5:00PM | | | | | | | |
| 5:30PM | Lap Swim (5:30PM) | Lessons (5–6PM) | Lap Swim (5:30PM) | Lessons (5–6PM) | *Limited Lap (5–6PM) | | |
| 6:00PM | Lap Swim (6–6:30) | | | | Aqua Fitness (6–6:30PM) | | |
| 6:30PM | Swim Team (6:30–8:30PM) | | | | Swim Team (6:30–7:30PM) | Closed 6:30 | |
| 7:00PM | | | | | | | |
| 7:30PM | | | | | | | |
| 8:00PM | | | | | | | |
| 8:30PM | Aqua Fitness (8:30–9PM) | Open Swim (8:30–9PM) | Adult Swim (8:30–9PM) | Open Swim (8:30–9PM) | Limited lap & Open Swim (7:30–9PM) | Closed 6PM | |
| 9:00PM | Closed 9PM | | | | | | |