



WITHNELL FAMILY YMCA

Spring Pool Schedule | April 1 – June 14

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY	
5:00 AM	Closed					Closed		
5:30 AM	Lap Swim 5:30-10AM						Lap Swim (7-8:30AM)	
6:00 AM								
6:30 AM								
7:00 AM								
7:30 AM								
8:00 AM	Aqua Fitness (8-9AM)			Aqua Fitness (8-9AM)				
8:30 AM								
9:00 AM								
9:30 AM								
10:00 AM	Limited Lap* (10-11AM)	Aqua Fitness (10-11AM)	Limited Lap* (10-11AM)	Aqua Fitness (10-11AM)	PreSchool 1 st & 4 th Friday (10-11AM)	Lessons (8:30-12PM)		
10:30 AM								
11:00 AM	Aqua Fitness (11AM-12PM)	Limited Lap* (11AM)	Aqua Fitness (11AM-12PM)	Limited Lap* (11AM)				
11:30 AM								
12:00 PM					POOL CLOSED TO MEMBERS	Limited Lap* & Private Lessons (12-1PM)		
12:30 PM								
1:00 PM	2 Lanes Limited Lap* & 2 Lanes Open Swim (12-1PM)					Family and Open Swim (1-6:30PM)	Lap Swim (1-2PM)	
1:30 PM	Closed for Community Partners (1:30-3:30PM)							
2:00 PM								
2:30 PM								
3:00 PM	Open Swim (3:30-5:30PM)							Family and Open Swim (2-6PM)
3:30 PM								
4:00 PM								
4:30 PM								
5:00 PM								
5:30 PM	Lap Swim (5:30-6:30PM)				Aqua Fitness (6-6:30PM)			
6:00 PM								
6:30 PM	Swim Team (6:30-8:30PM)				Swim Team (6:30-7:30PM)	Closed 6:30PM	Closed 6PM	
7:00 PM								
7:30 PM								
8:00 PM								
8:30 PM	Aqua Fitness (8:30-9PM)	Open Swim (8:30-9PM)	Adult Swim (8:30-9PM)	Open Swim (8:30-9PM)	*Limited Lap & Open Swim (7:30-9PM)			
9:00 PM	Closed 9PM							

***2 lap lanes available at this time**