



# WITHNELL FAMILY YMCA

## Pool Schedule | March 17–March 23

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY			
5:00 AM	Closed					Closed				
5:30 AM										
6:00 AM	Masters Swim* (6-7AM)		Masters Swim* (6-7AM)		Masters Swim* (6-7AM)					
6:30 AM										
7:00 AM	Lap Swim 5:30–10AM									
7:30 AM						Lap Swim (7–8:30AM)	Lessons (8:30–12PM)			
8:00 AM		Aqua Fitness (8-9AM)		Aqua Fitness (8-9AM)						
8:30 AM										
9:00 AM										
9:30 AM										
10:00 AM	Limited Lap* (10-11AM)	Aqua Fitness (10-11AM)	Limited Lap* (10-11AM)	Aqua Fitness (10-11AM)	Parent-Tot Open Swim (10-11AM)					
10:30 AM										
11:00 AM	Aqua Fitness (11AM-12PM)	Limited Lap* (11AM)	Aqua Fitness (11AM-12PM)	2 Lanes Limited Lap* & 2 Lanes Open Swim (11AM-1PM)						
11:30 AM										
12:00 PM				SKSD		2 Lanes Limited Lap* & 2 Lanes Open Swim (12-1PM)				
12:30 PM										
1:00 PM	2 Lanes Limited Lap* & 2 Lanes Open Swim (12-1:30PM)						Lap Swim (1-2PM)			
1:30 PM	Closed for Community Partners (1:30-3:30PM)									
2:00 PM										
2:30 PM										
3:00 PM	Open Swim (3:30–5:30PM)					Family and Open Swim (1-6:30PM)	Family and Open Swim (2-6PM)			
3:30 PM										
4:00 PM										
4:30 PM										
5:00 PM										
5:30 PM	Lap Swim (5:30-6:30PM)				Open Swim (until 6PM)					
6:00 PM					Aqua Fitness (6-6:30PM)					
6:30 PM	2 Lanes Limited Lap* & 2 Lanes Open Swim (6:30PM-8:30PM)				*Limited Lap & Open Swim (6:30-9PM)	Closed 6:30PM	Closed 6PM			
7:00 PM										
7:30 PM										
8:00 PM										
8:30 PM	Aqua Fitness (8:30-9PM)	Open Swim (8:30-9PM)	Adult Swim (8:30-9PM)	Open Swim (8:30-9PM)						
9:00 PM	Closed 9PM									

**\*2 lap lanes available at this time**