

# GYMNASIUM SCHEDULE

STARTING JANUARY 13TH



TIME	SUNDAY		MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		SATURDAY									
	Court 1	Court 2	Court 1	Court 2	Court 1	Court 2	Court 1	Court 2	Court 1	Court 2	Court 1	Court 2	Court 1	Court 2								
5:00AM			Open Gym 5-6		Open Gym 5-10		Open Gym 5-6		Open Gym 5-10		Open Gym 5-6		Open Gym 7-8:30									
6:00AM			Adult Pick Up Basketball 6-8				Adult Pick Up Basketball 6-8				Adult Pick Up Basketball 6-8											
7:00AM			Pickleball 8-11				Pickleball 8-11				Pickleball 8-11											
8:00AM			Reserved for Child Care 10:15-10:50				Reserved for Child Care 10:15-10:50				Reserved for Child Care 10:15-10:50				Reserved for Child Care 10:15-10:50							
9:00AM			Open Gym 11-12				Family Gym 10-5				Open Gym 11-12				Family Gym 10-5		Open Gym 11-12					
10:00AM			Adult Pick Up Basketball 12-2:45				Reserved for Child Care 3-3:45				H.S. Program 1-3				Adult Pick Up Basketball 12-2:45		H.S. Program 1-3		Adult Pick Up Basketball 12-2:45			
11:00AM			Pickleball 1-3				Family Gym 3-4:30				Reserved for Child Care 3-3:45				Family Gym 3-7		Reserved for Child Care 3-3:45		Family Gym 3-7			
12:00PM			Family Gym 3-4:30				Family Gym 3-7				Family Gym 3-7				Family Gym 3-7		Family Gym 3-7		Family Gym 3-7			
1:00PM			Open Gym 4:30-6:15				Youth Basketball Practices* 4:30-8:30				Open Gym 5-7:30				Youth Basketball Practices* 4:30-8:30		Open Gym 5-7:30		Youth Basketball Practices* 4:30-8:30		Family Gym 8:30-6:15	
2:00PM			Adult Volleyball 4:30-6:15				Youth Basketball Practices* 4:30-8:30				Youth Basketball Practices* 4:30-8:30				Youth Basketball Practices* 4:30-8:30		Youth Basketball Practices* 4:30-8:30		Youth Basketball Practices* 4:30-8:30			
3:00PM	Open Gym 4:30-6:15		Youth Basketball Practices* 4:30-8:30		Youth Basketball Practices* 4:30-8:30		Youth Basketball Practices* 4:30-8:30		Youth Basketball Practices* 4:30-8:30		Youth Basketball Practices* 4:30-8:30											
4:00PM	Open Gym 4:30-6:15		Youth Basketball Practices* 4:30-8:30		Youth Basketball Practices* 4:30-8:30		Youth Basketball Practices* 4:30-8:30		Youth Basketball Practices* 4:30-8:30		Youth Basketball Practices* 4:30-8:30											
4:30PM	Open Gym 4:30-6:15		Youth Basketball Practices* 4:30-8:30		Youth Basketball Practices* 4:30-8:30		Youth Basketball Practices* 4:30-8:30		Youth Basketball Practices* 4:30-8:30		Youth Basketball Practices* 4:30-8:30											
5:00PM	Open Gym 4:30-6:15		Youth Basketball Practices* 4:30-8:30		Youth Basketball Practices* 4:30-8:30		Youth Basketball Practices* 4:30-8:30		Youth Basketball Practices* 4:30-8:30		Youth Basketball Practices* 4:30-8:30											
5:30PM	Open Gym 4:30-6:15		Youth Basketball Practices* 4:30-8:30		Youth Basketball Practices* 4:30-8:30		Youth Basketball Practices* 4:30-8:30		Youth Basketball Practices* 4:30-8:30		Youth Basketball Practices* 4:30-8:30											
6:00PM	Open Gym 4:30-6:15		Youth Basketball Practices* 4:30-8:30		Youth Basketball Practices* 4:30-8:30		Youth Basketball Practices* 4:30-8:30		Youth Basketball Practices* 4:30-8:30		Youth Basketball Practices* 4:30-8:30											
6:30PM	Open Gym 4:30-6:15		Youth Basketball Practices* 4:30-8:30		Youth Basketball Practices* 4:30-8:30		Youth Basketball Practices* 4:30-8:30		Youth Basketball Practices* 4:30-8:30		Youth Basketball Practices* 4:30-8:30											
7:00PM	Open Gym 4:30-6:15		Youth Basketball Practices* 4:30-8:30		Youth Basketball Practices* 4:30-8:30		Youth Basketball Practices* 4:30-8:30		Youth Basketball Practices* 4:30-8:30		Youth Basketball Practices* 4:30-8:30											
7:30PM	Open Gym 4:30-6:15		Youth Basketball Practices* 4:30-8:30		Youth Basketball Practices* 4:30-8:30		Youth Basketball Practices* 4:30-8:30		Youth Basketball Practices* 4:30-8:30		Youth Basketball Practices* 4:30-8:30											
8:00PM	Open Gym 4:30-6:15		Youth Basketball Practices* 4:30-8:30		Youth Basketball Practices* 4:30-8:30		Youth Basketball Practices* 4:30-8:30		Youth Basketball Practices* 4:30-8:30		Youth Basketball Practices* 4:30-8:30											
8:30PM	Open Gym 4:30-6:15		Youth Basketball Practices* 4:30-8:30		Youth Basketball Practices* 4:30-8:30		Youth Basketball Practices* 4:30-8:30		Youth Basketball Practices* 4:30-8:30		Youth Basketball Practices* 4:30-8:30											
9:00PM	Open Gym 4:30-6:15		Youth Basketball Practices* 4:30-8:30		Youth Basketball Practices* 4:30-8:30		Youth Basketball Practices* 4:30-8:30		Youth Basketball Practices* 4:30-8:30		Youth Basketball Practices* 4:30-8:30											
9:15PM	Open Gym 4:30-6:15		Youth Basketball Practices* 4:30-8:30		Youth Basketball Practices* 4:30-8:30		Youth Basketball Practices* 4:30-8:30		Youth Basketball Practices* 4:30-8:30		Youth Basketball Practices* 4:30-8:30											

**Key:**

**Adult Pick Up Basketball:**  
16+ years/skill level, full court games.

**Family Gym:**  
All ages, no full court games.

**Open Gym:**  
All ages, may play full court pick up games.

**Adult Volleyball:**  
14+ years/skill level, pick up game, half courts.

**P.A.L. Gym Time:**  
For kids currently checked-in to Play And Learn

**\*REGISTRATION REQUIRED**



**WE'RE WITH YOU FOR LIFE!**

**Withnell Family YMCA**  
685 Court St NE  
Salem OR 97301

**503.581.9622**  
**theyonline.org**