



WITHNELL FAMILY YMCA

Pool Schedule | Starting January 23

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY					
5:00 AM	Closed					Closed	Closed					
5:30 AM												
6:00 AM	Masters Swim* (6-7AM)		Masters Swim* (6-7AM)		Masters Swim* (6-7AM)							
6:30 AM												
7:00 AM	Lap Swim 5:30-10AM							Lap Swim (7-8:30AM)				
7:30 AM												
8:00 AM									Aqua Fitness (8-9AM)		Aqua Fitness (8-9AM)	
8:30 AM												
9:00 AM								Lessons (8:30-11AM)				
9:30 AM												
10:00 AM	Limited Lap* (10-11AM)	Aqua Fitness (10-11AM)	Limited Lap* (10-11AM)	Aqua Fitness (10-11AM)	Parent-Tot Open Swim (10-11AM)							
10:30 AM												
11:00 AM	Aqua Fitness (11AM-12PM)	Limited Lap* (11AM)	Aqua Fitness (11AM-12PM)	2 Lanes Limited Lap* & 2 Lanes Open Swim (11AM-1PM)		Limited Lap* and Private Lessons (11-1PM)						
11:30 AM												
12:00 PM	2 Lanes Limited Lap* & 2 Lanes Open Swim (12-1PM)			SKSD								
12:30 PM												
1:00 PM	Closed for Community Partners (1-2PM)					Family and Open Swim (1-6:30PM)	Lap Swim (1-2PM)					
1:30 PM												
2:00 PM	Open Swim (2-5PM)						Family and Open Swim (1-6:30PM)	Family and Open Swim (2-6PM)				
2:30 PM												
3:00 PM												
3:30 PM												
4:00 PM												
4:30 PM												
5:00 PM	Swim Lessons (5-6:30PM)				Open Swim (5-5:30PM)							
5:30 PM					Aqua Fitness (5:30-6:30PM)							
6:00 PM												
6:30 PM	Swim Team (6:30-8:30PM)				Swim Team (6:30-7:30PM)	Closed 6:30PM	Closed 6PM					
7:00 PM												
7:30 PM												
8:00 PM										*Limited Lap & Open Swim (7:30-9PM)		
8:30 PM	Aqua Fitness (8:30-9PM)	Open Swim (8:30-9PM)	Adult Swim (8:30-9PM)	Open Swim (8:30-9PM)								
9:00 PM	Closed 9PM											

***2 lap lanes available at this time**