



WITHNELL FAMILY YMCA

Pool Schedule | Starting January 13

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
5:00 AM	Closed					Closed	Closed
5:30 AM							
6:00 AM	Masters Swim* (6-7AM)		Masters Swim* (6-7AM)		Masters Swim* (6-7AM)		
6:30 AM							
7:00 AM	Lap Swim 5:30-10AM						
7:30 AM							
8:00 AM		Aqua Fitness (8-9AM)		Aqua Fitness (8-9AM)		Lessons (8:30-11AM)	
8:30 AM							
9:00 AM							
9:30 AM							
10:00 AM	2 Lanes Limited Lap* & 2 Lanes Open Swim (10-11AM)				Parent-Tot Open Swim (10-11AM)	Limited Lap* and Private Lessons (11-1PM)	
10:30 AM							
11:00 AM	Aqua Fitness (11AM-12PM)					Lap Swim (1-2PM)	
11:30 AM							
12:00 PM	2 Lanes Limited Lap* & 2 Lanes Open Swim (12-1PM)			SKSD			
12:30 PM							
1:00 PM	Closed for Community Partners (1-2PM)					Family and Open Swim (1-6:30PM)	Family and Open Swim (2-6PM)
1:30 PM							
2:00 PM	Open Swim (2-5PM)						
2:30 PM							
3:00 PM							
3:30 PM							
4:00 PM							
4:30 PM							
5:00 PM	Swim Lessons (5-6:30PM)				Open Swim (5-5:30PM)		
5:30 PM					Aqua Fitness (5:30-6:30PM)		
6:00 PM						Closed 6:30PM	Closed 6PM
6:30 PM	Swim Team (6:30-8:30PM)				Swim Team (6:30-7:30PM)		
7:00 PM							
7:30 PM					*Limited Lap & Open Swim (7:30-9PM)		
8:00 PM							
8:30 PM	Aqua Fitness (8:30-9PM)	Open Swim (8:30-9PM)	Adult Swim (8:30-9PM)	Open Swim (8:30-9PM)			
9:00 PM	Closed 9PM						

***2 lap lanes available at this time**