



WITHNELL FAMILY YMCA

Pool Schedule | Starting January 6

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY				
5:00 AM	Closed					Closed					
5:30 AM											
6:00 AM	Masters Swim* (6-7AM)		Masters Swim* (6-7AM)		Masters Swim* (6-7AM)						
6:30 AM											
7:00 AM	Lap Swim 5:30-10AM							Lap Swim (7-8:30AM)			
7:30 AM											
8:00 AM		Aqua Fitness (8-9AM)		Aqua Fitness (8-9AM)		Lessons (8:30-11AM)					
8:30 AM											
9:00 AM	2 Lanes Limited Lap* & 2 Lanes Open Swim (10-1PM)						Parent-Tot Open Swim (10-11AM)				
9:30 AM											
10:00 AM						Limited Lap* and Private Lessons (11-1PM)					
10:30 AM											
11:00 AM		Aqua Fitness (11AM-12PM)		Aqua Fitness (11AM-12PM)							
11:30 AM											
12:00 PM	Closed for Community Partners (1-2PM)					Lap Swim (1-2PM)					
12:30 PM											
1:00 PM	Open Swim (2-5PM)					Family and Open Swim (1-6:30PM)	Family and Open Swim (2-6PM)				
1:30 PM											
2:00 PM											
2:30 PM											
3:00 PM											
3:30 PM											
4:00 PM											
4:30 PM											
5:00 PM	Swim Lessons (5-6:30PM)				Open Swim (5-5:30PM)	Aqua Fitness (5:30-6:30PM)					
5:30 PM											
6:00 PM	Swim Team (6:30-8:30PM)					Swim Team (6:30-7:30PM)	Closed 6:30PM				
6:30 PM											
7:00 PM											
7:30 PM											
8:00 PM	*Limited Lap & Open Swim (7:30-9PM)				Closed 6PM						
8:30 PM						Aqua Fitness (8:30-9PM)	Open Swim (8:30-9PM)	Adult Swim (8:30-9PM)	Open Swim (8:30-9PM)		
9:00 PM	Closed 9PM										

***2 lap lanes available at this time**