

WITHNELL FAMILY YMCA

Pool Schedule | December 16 - January 3

	N. C.	P001 3C	nedule j	Decem	per 16 -	Januar	y 5
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
5:00 AM			Closed				
5:30 AM		•		1			
6:00 AM	Masters Swim*		Masters Swim*		Masters Swim*	Clas	
6:30 AM	(6-7AM)		(6-7AM)		(6-7AM)	Clos	sea
7:00 AM	1	an Sw	im 5:30	_10ΔM		Lap Swim	
7:30 AM		Lap Jw	, J.JC	ΙΟΛΙ		(7-8:30AM)	
8:00 AM		Aqua Fitness		Aqua Fitness		,	
8:30 AM		(8-9AM)		(8-9AM)			
9:00 AM							
9:30 AM						Limited Lap*	
10:00 AM	2 Lanes Limited Lap* & 2 Lanes Open Swim (10-1PM)					and Open Swim	
10:30 AM							
11:00 AM		Aqua Fitness		Aqua Fitness		(8:30AM - 1PM)	
11:30 AM		(11AM-12PM)		(11AM-12PM)		11 141)	
12:00 PM				SKSD			
12:30 PM				JRJD			
1:00 PM	Closed for Community Partners (1-2PM)						Lap Swim (1-2PM)
1:30 PM							
2:00 PM							
2:30 PM	Open & Family Swim (2-6:30PM)					Family and Open Swim	Family and
3:00 PM							
3:30 PM							
4:00 PM		(2	2-0:5UPN	IJ		(1-6:30PM)	Open
4:30 PM						(1-0:30-141)	Swim
5:00 PM							(2-6PM)
5:00 PM 5:30 PM					Aqua Fitness		(2-6PM)
					Aqua Fitness (5:30-6:30PM)		(2-6PM)
5:30 PM					(5:30-6:30PM) Swim Team		(2-6PM)
5:30 PM 6:00 PM	Swi	m Team (f	5·30 <u>-</u> 8·30 <u>P</u>	M)	(5:30-6:30PM)		
5:30 PM 6:00 PM 6:30 PM	Swi	m Team (6	5:30-8:30P	PM)	(5:30-6:30PM) Swim Team	Closed	Closed
5:30 PM 6:00 PM 6:30 PM 7:00 PM	Swi	m Team (6	5:30-8:30P	M)	(5:30-6:30PM) Swim Team (6:30-7:30PM)	Closed 6:30PM	
5:30 PM 6:00 PM 6:30 PM 7:00 PM 7:30 PM	Swi Aqua Fitness (8:30-9PM)	m Team (6 Open Swim (8:30-9PM)	5:30-8:30P Adult Swim (8:30-9PM)	Open Swim (8:30-9PM)	(5:30-6:30PM) Swim Team (6:30-7:30PM) *Limited Lap &		Closed

*2 lap lanes available at this time