



# WITHNELL FAMILY YMCA

## Pool Schedule | December 16 - January 3

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY					
5:00 AM	Closed					Closed						
5:30 AM												
6:00 AM	Masters Swim* (6-7AM)		Masters Swim* (6-7AM)		Masters Swim* (6-7AM)							
6:30 AM												
7:00 AM	Lap Swim 5:30-10AM							Lap Swim (7-8:30AM)				
7:30 AM												
8:00 AM						Aqua Fitness (8-9AM)		Aqua Fitness (8-9AM)				
8:30 AM												
9:00 AM						Limited Lap* and Open Swim (8:30AM - 1PM)						
9:30 AM												
10:00 AM	2 Lanes Limited Lap* & 2 Lanes Open Swim (10-1PM)											
10:30 AM												
11:00 AM	Aqua Fitness (11AM-12PM)		Aqua Fitness (11AM-12PM)									
11:30 AM												
12:00 PM						Closed for Community Partners (1-2PM)	Lap Swim (1-2PM)					
12:30 PM												
1:00 PM						Family and Open Swim (1-6:30PM)	Family and Open Swim (2-6PM)					
1:30 PM												
2:00 PM	Open & Family Swim (2-6:30PM)											
2:30 PM												
3:00 PM												
3:30 PM												
4:00 PM												
4:30 PM												
5:00 PM								Aqua Fitness (5:30-6:30PM)				
5:30 PM												
6:00 PM	Swim Team (6:30-8:30PM)					Swim Team (6:30-7:30PM)						
6:30 PM												
7:00 PM												
7:30 PM												
8:00 PM						*Limited Lap & Open Swim (7:30-9PM)	Closed 6:30PM					
8:30 PM	Aqua Fitness (8:30-9PM)	Open Swim (8:30-9PM)	Adult Swim (8:30-9PM)	Open Swim (8:30-9PM)								
9:00 PM	Closed 9PM						Closed 6PM					

**\*2 lap lanes available at this time**