



WITHNELL FAMILY YMCA

Pool Schedule | Starting September 29th

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY	
5:00 AM	Closed					Closed	Closed	
5:30 AM	<h3>Lap Swim (5:30-10AM)</h3>							Lap Swim (7-8:30AM)
6:00 AM								
6:30 AM								
7:00 AM								
7:30 AM								
8:00 AM	Aqua Fitness (8-9AM)		Aqua Fitness (8-9AM)		Lessons (8:30-11AM)			
8:30 AM								
9:00 AM	<h3>2 Lanes Limited Lap* & 2 Lanes Open Swim (10-1PM)</h3>							Limited Lap* and Private Lessons (11-1PM)
9:30 AM								
10:00 AM								
10:30 AM								
11:00 AM						Aqua Fitness (11AM-12PM)		
11:30 AM	Aqua Fitness (11AM-12PM)		Aqua Fitness (11AM-12PM)		Closed for Community Partners (1-2PM)	Lap Swim (1-2PM)		
12:00 PM	Closed for Community Partners (1-2PM)							
12:30 PM	Closed for Community Partners (1-2PM)							
1:00 PM	Closed for Community Partners (1-2PM)					Family and Open Swim (1-6:30PM)	Family and Open Swim (2-6PM)	
1:30 PM	<h3>Open Swim (2-5PM)</h3>							
2:00 PM								
2:30 PM								
3:00 PM								
3:30 PM								
4:00 PM	Swim Lessons (5-6:30PM)							Open Swim (5-6:30PM)
4:30 PM								
5:00 PM	<h3>Swim Team (6:30-8:30PM)</h3>					Swim Team (6:30-7:30PM)		
5:30 PM								
6:00 PM						Closed 6:30PM		
6:30 PM							Lap Swim (7:30-9PM)	
7:00 PM								
7:30 PM	Aqua Fitness (8:30-9PM)	Closed 8:30PM	Aqua Fitness (8:30-9PM)	Closed 8:30PM	Lap Swim (7:30-9PM)			
8:00 PM								
8:30 PM	Closed 9PM	Closed 8:30PM	Closed 9PM	Closed 8:30PM	Closed 9PM			
9:00 PM	Closed 9PM	Closed 8:30PM	Closed 9PM	Closed 8:30PM	Closed 9PM			

***2 lap lanes available at this time**