



WITHNELL FAMILY YMCA

Pool Schedule | Starting Sept. 9th

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY							
5:00 AM	Closed					Closed								
5:30 AM	<h2 style="margin: 0;">Lap Swim (5:30-10AM)</h2>													
6:00 AM														
6:30 AM														
7:00 AM														
7:30 AM														
8:00 AM								Aqua Fitness (8-9AM)		Aqua Fitness (8-9AM)		Lap Swim (7-8:30AM)		
8:30 AM														
9:00 AM												Lessons (8:30-11AM)		
9:30 AM														
10:00 AM						2 Lanes Limited Lap & 2 Lanes Open Swim (10-11AM)								
10:30 AM														
11:00 AM	Aqua Fitness (11AM-12PM)	Aqua Fitness (11AM-12PM)	Aqua Fitness (11AM-12PM)	Aqua Fitness (11AM-12PM)	Limited Lap/Open Swim	Limited Lap and Private Lessons (11-1PM)								
11:30 AM														
12:00 PM	2 Lanes Limited Lap & 2 Lanes Open Swim (12-1PM)													
12:30 PM														
1:00 PM	Closed for Community Partners (1-2PM)					Family and Open Swim (1-6:30PM)								
1:30 PM	<h2 style="margin: 0;">Open Swim (2-5PM)</h2>							Lap Swim (1-2PM)						
2:00 PM														
2:30 PM														
3:00 PM														
3:30 PM														
4:00 PM														
4:30 PM														
5:00 PM								Swim Lessons (5-6:30PM)			Open Swim (5-6:30PM)		Family and Open Swim (2-6PM)	
5:30 PM														
6:00 PM						<h2 style="margin: 0;">Swim Team (6:30-8:30PM)</h2>				Swim Team (6:30- 7:30PM)	Closed 6:30PM			
6:30 PM														
7:00 PM														
7:30 PM	Lap Swim (7:30-8:30PM)													
8:00 PM														
8:30 PM	Closed 8:30PM						Closed 6PM							

***2 lap lanes available at this time**