GYMNASIUM SCHEDULE

JANURARY 15 THROUGH MARCH 3RD, 2024

TIME	SUNDAY		MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		SATURDAY	
	Court 1	Court 2	Court 1	Court 2	Court 1	Court 2	Court 1	Court 2	Court 1	Court 2	Court 1	Court 2	Court 1	Court 2
5:00 AM			Open Gym 5-6AM				Open Gym 5-6AM				Open Gym 5-6AM			
6:00 AM			Adult Pick Up Basketball 6-8AM				Adult Pick Up Basketball 6-8AM				Adult Pick Up Basketball 6-8AM			
7:00 AM					Open Gym 5-10AM				Open Gym 5-10AM				Family Gym 7AM-6:25PM	Open Gym 7AM-6:25PM
8:00 AM			Pickleball 8-11AM				Pickleball 8-11AM				Pickleball 8-11AM			
9:00 AM														
10:00 AM				Reserved for Child Care 10:15-10:50AM		Reserved for Child Care 10:15-10:50AM		Reserved for Child Care 10:15-10:50AM		Reserved for Child Care 10:15-10:50AM		Reserved for Child Care 10:15-10:50AM		
10:30 AM														
11:00 AM			Open Gym 11AM-12PM				Open Gym 11AM-12PM				Open Gym 11AM-12PM			
12:00 PM			Adult Pick Up Basketball 12-2:45PM		Family Gym 10AM-5PM		Adult Pick Up Basketball 12-2:45PM		Family Gym 10-5:30PM		Adult Pick Up Basketball 12-2:45PM			
1:00 PM	Pickleball 1-3PM													
2:00 PM														
3:00 PM	Family Gym 3-4:30PM		Family Gym 3-5PM	Reserved for Child Care 3-3:45PM		Reserved for Child Care 3-3:45PM	Family Gym 3-6PM	Reserved for Child Care 3-3:45PM		Reserved for Child Care 3-3:45PM	Family Gym 3-5PM	Reserved for Child Care 3-3:45PM		
3:45 PM					Open Gym 3-5:30PM				Sports Training 3:30-5PM					
4:30 PM	Open Gym 4:30-6:15PM	Adult Volleyball 4:30-6:15PM	Youth Basketball Practices* 4:30-8:30PM		Tween Gym 5-6:30PM	Youth Basketball Practices* 5:30-7:30PM	Youth Basketball Practices* 4:30-8:30PM		Youth Basketball Practices* 5:30-7:30PM	Tween Gym 5-6:30PM	Youth Basketball Practices* 4:30-8:30PM			
5:00 PM														
5:30 PM										Open Gym 6:30-7:30PM				
6:00 PM					Open Gym 6:30-9:15PM	Adult Volleyball @ 7:30PM			Adult Volleyball @ 7:30PM					
6:30 PM														
7:00 PM			Open Gym 7-9:15PM				Open Gym 7-9:15PM				Open Gym 6-9:15PM			
7:30 PM														
8:00 PM														
8:30 PM														
9:00 PM														
9:15 PM														

Key:

Adult Pick Up Basketball:
16+ years,
full court games.

Family Gym:
All ages,
no full court games.

Open Gym:
All ages,
may play full court pick up games.

Adult Volleyball:
14+ years,
pick up games.

Tween Gym:
Ages 9-13, half court.

*REGISTRATION REQUIRED

WE'RE WITH YOU FOR LIFE!

Withnell Family YMCA
685 Court St NE
Salem OR 97301

503.581.9622
theyonline.org