

GYMNASIUM SCHEDULE

DECEMBER 18 THROUGH JANUARY 14, 2024



TIME	SUNDAY		MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		SATURDAY					
	Court 1	Court 2	Court 1	Court 2	Court 1	Court 2	Court 1	Court 2	Court 1	Court 2	Court 1	Court 2	Court 1	Court 2				
5:00 AM			Open Gym 5-6AM		Open Gym 5-10AM		Open Gym 5-6AM		Open Gym 5-10AM		Open Gym 5-6AM							
6:00 AM			Adult Pick Up Basketball 6-8AM				Adult Pick Up Basketball 6-8AM				Adult Pick Up Basketball 6-8AM				Adult Pick Up Basketball 6-8AM			
7:00 AM			Pickleball 8-11AM				Pickleball 8-11AM				Pickleball 8-11AM				Pickleball 8-11AM			
8:00 AM			Reserved for Child Care 10:15-10:50AM															
9:00 AM			Open Gym 11AM-12PM															
10:00 AM			Open Gym 11AM-12PM		Family Gym 10AM-1:15PM		Open Gym 11AM-12PM		Family Gym 10-2:45PM		Open Gym 11AM-12PM							
10:30 AM			Adult Pick Up Basketball 12-2:45PM		Pickleball Lessons* 1:15-2:45PM		Adult Pick Up Basketball 12-2:45PM		Adult Pick Up Basketball 12-2:45PM		Adult Pick Up Basketball 12-2:45PM							
11:00 AM			Pickleball 1-3PM		Reserved for Child Care 3-3:45PM		Reserved for Child Care 3-3:45PM		Reserved for Child Care 3-3:45PM		Reserved for Child Care 3-3:45PM				Family Gym 7AM-6:25PM		Open Gym 7AM-6:25PM	
12:00 PM			Family Gym 3-4:30PM		Family Gym 3:00-6:30PM		Family Gym 2:45-6:30PM		Family Gym 3-6:30PM		Open Gym 2-7:30PM				Sports Training 3:30-5PM			
1:00 PM			Open Gym 4:30-6:15PM		Adult Volleyball 4:30-6:15PM		Tween Gym 5-6:30PM		Tween Gym 5-6:30PM		Tween Gym 5-6:30PM				Family Gym 2-9:15PM		Open Gym 3:45-9:15PM	
2:00 PM					Open Gym 6:30-9:15PM		Open Gym 3:45-9:15PM		Adult Volleyball @ 7:30PM									
3:00 PM																		
3:45 PM																		
4:30 PM																		
5:00 PM																		
5:30 PM																		
6:00 PM																		
6:30 PM																		
7:00 PM																		
7:30 PM																		
8:00 PM																		
8:30 PM																		
9:00 PM																		
9:15 PM																		

Key:
Adult Pick Up Basketball:
 16+ years, full court games.
Family Gym:
 All ages, no full court games.
Open Gym:
 All ages, may play full court pick up games.
Adult Volleyball:
 14+ years, pick up games.
Tween Gym:
 Ages 9-13, half court.
 *REGISTRATION REQUIRED



WE'RE WITH YOU FOR LIFE!

Withnell Family YMCA
 685 Court St NE
 Salem OR 97301

503.581.9622
 theyonline.org