

GYMNASIUM SCHEDULE

SEPTEMBER 10-OCTOBER 29, 2023



	SUNDAY		MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		SATURDAY			
TIME	Court 1	Court 2	Court 1	Court 2	Court 1	Court 2	Court 1	Court 2	Court 1	Court 2	Court 1	Court 2	Court 1	Court 2		
5:00 AM			Open Gym 5-6AM		Open Gym 5-10AM		Open Gym 5-6AM		Open Gym 5-10AM		Open Gym 5-6AM		Youth Volleyball Games* 7AM-12PM			
6:00 AM			Adult Pick Up Basketball 6-8AM				Adult Pick Up Basketball 6-8AM				Adult Pick Up Basketball 6-8AM				Adult Pick Up Basketball 6-8AM	
7:00 AM			Pickleball 8-11AM				Pickleball 8-11AM				Pickleball 8-11AM				Pickleball 8-11AM	
8:00 AM			Reserved for Child Care 10:15-10:50AM		Reserved for Child Care 10:15-10:50AM		Reserved for Child Care 10:15-10:50AM		Reserved for Child Care 10:15-10:50AM		Reserved for Child Care 10:15-10:50AM					
9:00 AM			Open Gym 11AM-12PM		Open Gym 11AM-12PM		Open Gym 11AM-12PM		Open Gym 11AM-12PM		Open Gym 11AM-12PM					
10:00 AM			Adult Pick Up Basketball 12-2:45PM		Family Gym 10AM-2PM		Adult Pick Up Basketball 12-2:45PM		Family Gym 10-2:45PM		Adult Pick Up Basketball 12-2:45PM					
10:30 AM			Pickleball 1-3PM		Pickleball Lessons* 2-3:30PM		Family Gym 3-5PM		Open Gym 2-5:30PM		Sports Training 3:30-5:30PM					
11:00 AM			Family Gym 3-4:30PM		Family Gym 3-6PM		Family Gym 3:30-5:30PM		Youth Volleyball* Practices 5:30-6:30PM		Youth Volleyball* Practices 5:30-6:30PM					
12:00 PM			Open Gym 4:30-6:15PM		*Youth Volleyball Practices 6-8PM		Open Gym 3:30-9:15PM		*Youth Volleyball Practices 5-8PM		Open Gym 4:30-9:15PM					
1:00 PM			Adult Volleyball 4:30-6:15PM		Open Gym 6:30-9:15PM		Open Gym 6:30-9:15PM		Adult Volleyball @ 6:30PM		Adult Volleyball @ 6:30PM					
2:00 PM			Family Gym 8-9:15PM		Family Gym 8-9:15PM		Family Gym 8-9:15PM		Family Gym 8-9:15PM							
2:45 PM																
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Key:
Adult Pick Up Basketball: 16+ years, full court games.
Family Gym: All ages, no full court games.
Open Gym: All ages, may play full court pick up games.
Adult Volleyball: 14+ years, pick up games.
***REGISTRATION REQUIRED**



WE'RE WITH YOU FOR LIFE!

Withnell Family YMCA
 685 Court St NE
 Salem OR 97301

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 theyonline.org