



# WITHNELL FAMILY YMCA

## Pool Schedule

April 3- June 18

|          | MONDAY                               | TUESDAY                                     | WEDNESDAY                            | THURSDAY                                    | FRIDAY                               | SATURDAY            | SUNDAY |                      |         |
|----------|--------------------------------------|---|--------------------------------------|---|--------------------------------------|---------------------|--------|----------------------|---------|
| 5:00 AM  | Closed                               |   |                                      |   |                                      | Closed              |        |                      |         |
| 5:30 AM  | Lap Swim                             |   |                                      |   |                                      |                     |        | Closed               |         |
| 6:00 AM  |                                      |   |                                      |   |                                      |                     |        |                      |         |
| 6:30 AM  |                                      |   |                                      |   |                                      |                     |        |                      |         |
| 7:00 AM  |                                      |   |                                      |   |                                      |                     |        |                      |         |
| 7:30 AM  |                                      |   |                                      |   |                                      | Lap Swim            |        |                      |         |
| 8:00 AM  |                                      | WATERinMotion®<br>Aqua Exercise             |                                      | WATERinMotion®<br>Aqua Exercise             |                                      | Lessons             |        |                      |         |
| 8:30 AM  |                                      |   |                                      |   |                                      |                     |        |                      |         |
| 9:00 AM  | Family/<br>Open Swim<br>(1 Lap Lane) | Family/<br>Open Swim                        | Family/<br>Open Swim<br>(1 Lap Lane) | Family/<br>Open Swim                        | Family/<br>Open Swim<br>(1 Lap Lane) |                     |        |                      |         |
| 9:30 AM  |                                      |   |                                      |   |                                      |                     |        |                      |         |
| 10:00 AM |                                      | Pre-School                                  | Special Abilities                    |   |                                      |                     |        | Family/<br>Open Swim |         |
| 10:30 AM |                                      |   |                                      |   |                                      |                     |        |                      |         |
| 11:00 AM | Family/<br>Open Swim                 | WATERinMotion®<br>Platinum<br>Aqua Exercise | Family/Open<br>Swim                  | WATERinMotion®<br>Platinum<br>Aqua Exercise |                                      |                     |        |                      |         |
| 11:30 AM |                                      |   |                                      |   |                                      |                     |        |                      |         |
| 12:00 PM | Reserved for<br>Community Partners   |   |                                      |   |                                      | Family/Open<br>Swim |        |                      |         |
| 12:30 PM |                                      |   |                                      |   |                                      |                     |        |                      |         |
| 1:00 PM  |                                      |   |                                      |   |                                      |                     |        |                      |         |
| 1:30 PM  |                                      |   |                                      |   |                                      |                     |        | Lap Swim             |         |
| 2:00 PM  |                                      |   |                                      |   |                                      |                     |        |                      |         |
| 2:30 PM  | Family/Open<br>Swim                  |   |                                      |   |                                      | Family/Open<br>Swim |        |                      |         |
| 3:00 PM  |                                      |   |                                      |   |                                      |                     |        |                      |         |
| 3:30 PM  |                                      |   |                                      |   |                                      |                     |        |                      |         |
| 4:00 PM  |                                      |   |                                      |   |                                      |                     |        |                      |         |
| 4:30 PM  |                                      |   |                                      |   |                                      |                     |        | Swim Team            | Lessons |
| 5:00 PM  |                                      |   |                                      |   |                                      | Closed<br>6:30 PM   |        |                      |         |
| 5:30 PM  | Lessons                              | Swim Team                                   | Lessons                              | Swim Team                                   | Swim Team                            |                     |        |                      |         |
| 6:00 PM  |                                      |   |                                      |   |                                      |                     |        | Closed<br>6:00 PM    |         |
| 6:30 PM  | Family/Open Swim                     |   |                                      |   | Family<br>Swim                       |                     |        |                      |         |
| 7:00 PM  |                                      |   |                                      |   |                                      |                     |        |                      |         |
| 7:30 PM  |                                      |   |                                      |   |                                      |                     |        |                      |         |
| 8:00 PM  |                                      |   |                                      |   |                                      |                     |        |                      |         |
| 8:30 PM  | Closed 8:30 PM                       |   |                                      |   |                                      |                     |        |                      |         |

May 5th and 29th there will be open swim during Community Partner due to non-school days