

GYMNASIUM SCHEDULE

THROUGH MAY 20, 2023



TIME	SUNDAY		MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		SATURDAY					
	Court 1	Court 2	Court 1	Court 2	Court 1	Court 2	Court 1	Court 2	Court 1	Court 2	Court 1	Court 2	Court 1	Court 2				
5:00 AM			Open Gym 5-6AM		Open Gym 5-9AM		Open Gym 5-6AM		Open Gym 5-9AM		Open Gym 5-6AM							
6:00 AM			Adult Pick Up Basketball 6-8AM				Pickleball 8-11AM				Adult Pick Up Basketball 6-8AM				Pickleball 8-11AM		Adult Pick Up Basketball 6-8AM	
7:00 AM																		
8:00 AM															Pickleball Lessons*		Pickleball 8-11AM	
9:00 AM																		
10:00 AM					Reserved for Child Care 10:15-10:50AM		Reserved for Howard Street MS 10-11AM		Reserved for Child Care 10:15-10:50AM		Reserved for Howard Street MS 10-11AM				Reserved for Child Care 10:15-10:50AM			
10:30 AM																		
11:00 AM					Open Gym 11AM-12PM		Family Gym 11AM-2PM		Open Gym 11AM-12PM		Family Gym 11AM-2PM				Open Gym 11AM-12PM			
12:00 PM					Adult Pick Up Basketball 12PM-2PM				Adult Pick Up Basketball 12PM-2PM						Adult Pick Up Basketball 12PM-2PM			
1:00 PM			Pickleball 1-3PM		Pickleball 2-3PM		Pickleball 2-3PM		Pickleball 2-3PM		Pickleball 2-3PM				Pickleball 2-3PM			
2:00 PM																		
2:45 PM			Reserved for Child Care 2:45-3:30PM		Reserved for Child Care 2:45-3:30PM		Reserved for Child Care 2:45-3:30PM		Reserved for Child Care 2:45-3:30PM		Reserved for Child Care 2:45-3:30PM							
3:00 PM	Family Gym 3-4:30PM		Open Gym		Open Gym 3-6:30PM		Open Gym		Open Gym 3-6:30PM		Open Gym							
3:30 PM			Family Gym 3-6:30PM				Youth VB Practice 4:30-5:30PM				Open Gym 3:30-6PM		Open Gym 3:30-6PM		Youth VB Practice 4:30-5:30PM			
4:30 PM	Open Gym 4:30-6:30PM		Adult Volleyball 4:30-6:30PM		Youth League Volleyball Practices 4:30-8PM				Youth League Volleyball Practice 4:30-6:30PM		Youth VB Practice 4:30-5:30PM							
5:00 PM			Youth League Volleyball Practices 4:30-8PM										Family Gym 3-9:15PM		Open Gym 1:30-6:25PM			
5:30 PM																		
6:00 PM			Teen Volleyball 6:30-8PM		Adult Volleyball @ 6:30PM		Youth League Volleyball Practices 6-8PM		Adult Volleyball @ 6:30PM		Open Gym 3-9:15PM							
6:30 PM																		
7:00 PM			Family Gym 8-9:15PM		Open Gym 8-9:15PM				Open Gym 8-9:15PM									
7:30 PM			Open Gym 8-9:15PM															
8:00 PM																		
8:30 PM																		
9:00 PM																		
9:15 PM																		

Key:
Adult Pick Up Basketball: 16+ years, full court games.
Family Gym: All ages, no full court games.
Open Gym: All ages, may play full court pick up games.
Adult Volleyball: 14+ years, pick up games.
 *REGISTRATION REQUIRED



WE'RE WITH YOU FOR LIFE!

Withnell Family YMCA
 685 Court St NE
 Salem OR 97301

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 theyonline.org