

Thriving Teens – March 2023



Thrive Café

Hours:

4:00–8:00pm

Monday– Friday

Food available upon request :)

Spring Break:

2:00–8:00pm

March 22nd–

March 31st.

*Requires registration on member account or email Lisa.

Mon	Tue	Wed	Thu	Fri
Teen talks / Gym	Art / Swim	Track/ Gym	College-Career/ Swim	Community/Games
		1 5:00– *Teen on the Track 6:00– Switch –Mario 7:00– Free Play	2 6:00– Apply for a Job 7:00– *Pool	3 5:00– Humane society 6:00– Crafts 7:00– Switch Mario
6 5:00– Mental Health 6:00– Ping Pong 7:00–Pick-up Ball	7 5:00– *3D shapes 7:00– *Pool	8 5:00– *Teens on the Track 6:00– Switch– Mario 7:00– Free Play	9 6:00– Apply for scholarships 7:00–*Pool	10 5:00– Humane society 6:00– Crafts 7:00– Just Dance
13 5:00– What’s New? 6:00– Ping Pong 7:00–Pick-up Ball	14 5:00– *Landscape art 7:00–*Pool 	15 5:00– *Teens on the Track 6:00– Switch–Mario 7:00– Free Play	16 6:00– Workplace Communication 7:00–*Pool 	17 Teen Night Karaoke Night 6:00–8:00pm
20 5:00– Gearing up for Spring break 6:00– Ping Pong	21 5:00– *Contest: Mixed Media 7:00–*Pool	22 Spring Breaks Hours: 2:00pm–8:00pm	23 *Super smash Tourney 2:00–4:00pm	24 5:00–Humane society
27	28 *3–3 Basketball 10:00–3:00pm 	29	28 *3–3 Basketball 10:00–3:00pm	31 5:00–Humane society

YMCA

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Contact Lisa Niemeyer for more information :

Email- Lniemeyer@theyonline.org : Call 971-825-3811 or ext: 135: Text @ymca-teens to 81010

