



# WITHNELL FAMILY YMCA

## Pool Schedule

January 3- March 26

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY	
5:00 AM	Closed					Closed	Closed	
5:30 AM	<b>Lap Swim</b>							
6:00 AM								
6:30 AM								
7:00 AM								
7:30 AM								
8:00 AM		WATERinMotion® Aqua Exercise		WATERinMotion® Aqua Exercise				Private Lessons
8:30 AM								
9:00 AM	Family/ Open Swim (1 Lap Lane)	Family/ Open Swim	Family/ Open Swim (1 Lap Lane)	Family/ Open Swim	Family/ Open Swim (1 Lap Lane)			Parent Tot
9:30 AM								
10:00 AM	Lessons	Pre-School	Lessons	Pre-School	Family/ Open Swim	Lessons		
10:30 AM								
11:00 AM	Family/ Open Swim	WATERinMotion® Platinum Aqua Exercise	Family/Open Swim	WATERinMotion® Platinum Aqua Exercise		Special Abilities		
11:30 AM								
12:00 PM	<b>Community Partners</b>					Family/Open Swim	Lap Swim	
12:30 PM								
1:00 PM								
1:30 PM								
2:00 PM								
2:30 PM								
3:00 PM								
3:30 PM	Family/Open Swim							
4:00 PM								
4:30 PM	Swim Team	Lessons	Swim Team	Lessons				
5:00 PM								
5:30 PM	Lessons	Swim Team	Lessons	Swim Team	Swim Team			
6:00 PM	Family/Open Swim					Closed 6:30 PM	Closed 6:00 PM	
6:30 PM								
7:00 PM								
7:30 PM								
8:00 PM				Family Swim				
8:30 PM	Closed 8:30 PM							