



WITHNELL FAMILY YMCA

Pool Schedule

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
5:30 AM	Lap Swim					Closed	
6:00 AM							
7:30 AM						Lap Swim	
8:00 AM		WATERinMotion® Aqua Exercise		WATERinMotion® Aqua Exercise		Private Lessons	
9:00 AM	Family/Open Swim (1 lap lane)	Family/Open Swim	Family/Open Swim (1 lap lane)	Family/Open Swim	Family/Open Swim (1 lap lane)	Parent Tot	
10:00AM	Lessons	Pre-School	Lessons	Pre-School	Family/Open Swim	Lessons	
11:00AM	Family/Open Swim (1 lap lane)	WATERinMotion® Platinum Aqua Exercise	Family/Open Swim (1 lap lane)	WATERinMotion® Platinum Aqua Exercise		Special Abilities	
12:00PM							
12:30 PM	Community Partners						
1:00 PM						Lap Swim (1-1:30)	
2:00 PM							
3:00 PM	Family/Open Swim					Family/Open Swim	
3:30 PM							
4:00 PM							
4:30 PM	Swim Team	Lessons	Swim Team	Lessons			
5:30 PM	Lessons	Swim Team	Lessons	Swim Team	Swim Team		
6:30 PM	Family/Open Swim				Family Swim	Closed 6:30 PM	Closed 6:00 PM
7:30 PM							
8:30 PM	Closed 8:30 PM						