



WITHNELL FAMILY YMCA

Pool Schedule

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
5:30 AM							
6:00 AM	Lap Swim						
7:30 AM						Lap Swim	
8:00 AM		WATERinMotion® Aqua Exercise		WATERinMotion® Aqua Exercise		Private Lessons	
9:00 AM	Open/Family/Lap Swim					Parent Tot	
10:00AM	Lessons	Pre-School	Lessons	Pre-School	Open/Family/ Lap Swim	Lessons	
11:00AM	Open/Family/ Lap Swim	WATERinMotion® Platinum Aqua Exercise	Open/Family/ Lap Swim	WATERinMotion® Platinum Aqua Exercise			Special Abilities
12:00PM						Open/Family/ Lap Swim	
12:30 PM	Community Partners						
1:00 PM							
2:00 PM							
3:00 PM							
3:30 PM						Open/Family/Lap Swim	
4:00 PM							
4:30 PM	Swim Team	Lessons	Swim Team	Lessons			
5:30 PM	Lessons	Swim Team	Lessons	Swim Team	Swim Team		
6:30 PM	Family/Open Swim				Family Swim		
7:30 PM							
8:30 PM							