



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY



# GET UP AND DANCE THIS SUMMER!

YMCA INSPIRATION  
DANCE COMPANY

*REGISTRATION OPENS MAY 1*  
**JUNE 19-AUGUST 17**

**Two 4-Week Sessions**  
**AGES 3 & UP ALL LEVELS!**

**Classes include: Pre-Hip Hop,  
Hip Hop, Pre-Ballet, Ballet,  
Pointe, Combo Class, Tap,  
Pre-Tap, Creative Dance**

**New class this summer:**  
**Conditioning for Dancers!**



SALEM FAMILY YMCA  
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SALEM, OR 97301 503-581-9622 [www.theYonline.org](http://www.theYonline.org)



# YMCA INSPIRATION DANCE COMPANY

## 2017 Summer Dance Schedule

Time	Location	Monday	Tuesday	Wednesday	Thursday
9:30 - 9:55 AM	Kells Room		Creative I/II		
5:00 - 5:40PM	Kells Room	Creative I/II (class ends at 5:25)	Pre-Tap (class ends at 5:25)	Pre-Hip Hop	Beginning Tap
5:30 - 6:25 PM	Kells Room	Beginning Hip Hop I&II	Intermediate Tap		
5:45 - 6:25 PM	Kells Room			Pre-Hip Hop	Pre-Ballet
6:30 - 7:25 PM	Kells Room	Conditioning for Dancers*	Beginning Ballet***	Int/Adv Hip Hop*	Beginning Ballet***
7:30 - 8:45 PM	Anderson Room	Level 1 & 2 Combo Class** (Ballet/Jazz/Contemporary)		Level 1 & 2 Combo Class** (Ballet/Jazz/Contemporary)	
7:30 - 8:45 PM	Kells Room	Pointe/Pre-Pointe**	Int/Adv Combo Class** (Ballet/Jazz/Contemporary)	Pointe/Pre-Pointe**	Int/Adv Combo Class** (Ballet/Jazz/Contemporary)

\* = Some previous dance experience required / \*\* = Class meets 2 times per week, previous experience required.

\*\*\* = Class meets 2 times per week, no previous experience required.

**Session One: June 19 - July 18 / Session Two: July 24- August 17**

**PLEASE NOTE THE FOLLOWING: THERE WILL BE NO CLASSES ON JULY 3 OR 4.**

**SESSION ONE RUNS THROUGH TUESDAY, JULY 18. SESSION TWO BEGINS ON MONDAY, JULY 24.**

**Registration opens May 1 at the Salem Family YMCA: 503-581-9622**

The YIDC Summer Dance Program is an eight - week program, divided into 2 four-week sessions. Students may register for one or both sessions. Students who register for both sessions receive a 50% discount on the second session tuition.

**Creative Dance, Pre-Ballet and Pre-Hip Hop:** These fun filled classes teach an understanding of music and rhythm while learning dance basics. **Creative Dance I/II** (25 minute class): ages 3-5 Per session: Member \$40/Non-Member \$50. Both sessions: Member \$60/Non-Member \$75. **Pre-Ballet & Pre-HH** (40 minute class): ages 5-7 Per session: Member \$50/Non-Member \$60. Both sessions: Member \$75/Non-Member \$90.

**Hip Hop Dance:** Dancers will learn the hottest new street style moves to the best new R&B and Hip Hop songs.

**Beg HH I&II:** ages 8-14 with 0-3 yrs exp Per session: Member \$60/Non-Member \$70. Both sessions: Member \$90/Non-Member \$105.  
**Int/Adv HH:** ages 11 & up with 3+ yrs exp Per session: Member \$60/Non-Member \$70. Both sessions: Member \$90/Non-Member \$105.

**Ballet, Pointe/Pre-pointe:** Ballet classes focus on the proper technique, alignment, grace, flexibility and core strength required of a trained dancer. **Beginning Ballet** meets twice per week to allow for focused Ballet study. Great class for younger dancers who have completed Pre-Ballet and for the older dancer just starting in Ballet to prepare to move to Ballet I or II in the fall. **Pointe/Pre-Pointe** meets twice per week for 1½ hours per class. Dancers must be at ballet levels 4 & 5. Level 3 Ballet students may take this class with permission from the YIDC director.

**Beg Ballet:** ages 8-14 with 0-2 yrs exp Per session: Member \$80/Non-Member \$95. Both sessions: Member \$120/Non-Member \$142.  
**Pointe/Pre-pointe:** Levels 4&5, 3 w/approval Per session: Member \$90/Non-Member \$105. Both sessions: Member \$135/Non-Member \$157.

**Tap, Pre-Tap:** Students learn rhythmic basics in tap shoes and learn dance routines set to popular songs.

**Pre-Tap** (25 minute class): ages 5-7 Per session: Member \$40/Non-Member \$50. Both sessions: Member \$60/Non-Member \$75.  
**Beg Tap** (40 minute class): ages 8-14 Per session: Member \$50/Non-Member \$60. Both sessions: Member \$75/Non-Member \$90.  
**Int Tap:** ages 10 & up with 3+ yrs tap exp Per session: Member \$60/Non-Member \$70. Both sessions: Member \$90/Non-Member \$105.

**Ballet/Jazz/Contemporary Combo:** These classes offer a sampling of three dance styles in one class. **Combo Class** meets twice a week for 1½ hours per class to give dancers an in-depth experience in Ballet, Jazz and Contemporary Dance. Contemporary style is infused with choreography as seen on the popular TV show SYTYCD!

**Level 1 & 2 Combo:** ages 9-14 w/2+ yrs dance Per session: Member \$90/Non-Member \$105. Both sessions: Member \$135/Non-Member \$157.  
**Int/Adv Combo:** ages 11 & up w/3+ yrs dance Per session: Member \$90/Non-Member \$105. Both sessions: Member \$135/Non-Member \$157.

**Conditioning for Dancers:** Through individual hands-on instruction, students will gain the ease and strength of a professional dancer. Highly recommended for dancers level 2 and higher. Emphasis on core and upper body strengthening, leg and foot flexibility and strength.

**Conditioning for Dancers:** ages 9 & up Per session: Member \$50/Non-Member \$60. Both sessions: Member \$75/Non-Member \$90.