



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

PLAY PICKLEBALL AT THE Y!

SALEM FAMILY YMCA GYM

ADULTS (18+): Mon, Wed, Fri 8:00 am–11:00 am | Tues 6:30 pm–8:30 pm

ADULTS (18+): Sundays 1:00 pm–3:00 pm

FAMILIES (All Ages): Sundays 3:00 pm–5:00 pm

SUMMER SCHEDULE (June through August)

ADULTS (18+): Mon, Wed, Fri 9:00 am–11:00 am

ADULTS (18+): Sundays 1:00 pm–3:00 pm

FAMILIES (All Ages): Sundays 3:00 pm–5:00 pm

\$3.00 fee for non-members

What is pickleball? We're glad you asked!

Pickleball is a fun game that is played on a badminton court with the net lowered to 34 inches at the center. It is played with a perforated plastic baseball (similar to a whiffle ball) and wood or composite paddles. It is easy for beginners to learn, but can develop into a quick, fast-paced, competitive game for experienced players!

EQUIPMENT SUPPLIED AT THE YMCA

