



YMCA WRESTLING

Join us at the Y and learn or improve your wrestling skills. Our coach, Jason Baurer, is a two-time collegiate All-American and two-time placer at university nationals. He has international experience and was the assistant coach at Pacific University of Oregon.

PRACTICE: Mondays & Wednesdays, 7PM - 8PM

LEVELS: Beginning and Advanced (starts in October)

MONTHLY PRICE: Members \$35 | Non-member \$45

AGES: 7 to 15 yrs.

LOCATION: Salem YMCA Mat Room

TO REGISTER: www.theYonline.org | YMCA 685 Court Street, NE, Salem | 503 581 9622