



# YMCA WRESTLING

**Join us at the Y and learn, or improve your wrestling skills. Our coach, Jason Baurer, is a two-time collegiate All-American and two-time placer at university nationals. He has international experience and was the assistant coach at Pacific University.**

**PRACTICE:** Mondays & Wednesdays, 7PM - 8PM

**MONTHLY PRICE:** Members \$35 | Non-member \$45

**AGES:** 5 to 12 yrs.

**LOCATION:** Salem YMCA Mat Room

**TO REGISTER:** [www.theYonline.org](http://www.theYonline.org) | YMCA 685 Court Street, NE, Salem | 503 581 9622