



# SALEM MAIN POOL

## Summer Interim Schedule

September 4-10, 2017

	MONDAY 9/4	TUESDAY 9/5	WEDNESDAY 9/6	THURSDAY 9/7	FRIDAY 9/8	SATURDAY 9/9	SUNDAY 9/10	
5:30	<b>YMCA CLOSED for Labor Day</b>	LAP SWIM 5:30-9:00	LAP SWIM 5:30-9:00	LAP SWIM 5:30-9:00	LAP SWIM 5:30-9:00	LAP SWIM 7:00-10:00		
6:00								
6:30								
7:00								
7:30								
8:00								
8:30								
9:00		AQUA FITNESS 9:00-10:00	AQUA FITNESS 9:00-10:00	AQUA FITNESS 9:00-10:00	AQUA FITNESS 9:00-10:00			
9:30								
10:00		LAP SWIM 10:00-4:00	LAP SWIM 10:00-1:30	LAP SWIM 10:00-4:00	LAP SWIM 10:00-1:30	LAP SWIM / OPEN SWIM 10:00-6:00		
10:30								
11:00								
11:30								
Noon								
12:30								
1:00		Swim Team 4:00-5:00	POOLS CLOSED 1:30-3:30	Swim Team 3:30-6:00	POOLS CLOSED 1:30-3:30	LAP SWIM / OPEN SWIM 10:00-6:00		LAP SWIM 1:00-3:00
1:30								
2:00								
2:30								
3:00								
3:30	LAP SWIM / RELAY CLUB 5:00-7:00	MASTERS SWIMMING 6:00-7:00	Swim Team 4:00-5:00	MASTERS SWIMMING 6:00-7:00	LAP SWIM / OPEN SWIM 10:00-6:00	OPEN SWIM 3:00-4:30		
4:00								
4:30								
5:00								
5:30								
6:00	OPEN SWIM 7:00-9:00	AQUA FITNESS 7:00-8:00	LAP SWIM / RELAY CLUB 5:00-7:00	OPEN SWIM 7:00-8:00	LAP SWIM / OPEN SWIM 10:00-6:00			
6:30								
7:00								
7:30								
8:00		OPEN SWIM 8:00-9:00		OPEN SWIM 7:00-9:00			OPEN SWIM 7:00-9:00	
8:30								
9:00								



# SALEM **SMALL** POOL

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5:30	<b>YMCA CLOSED for Labor Day</b>		OPEN SWIM 5:30-10:30		OPEN SWIM 5:30-10:30	OPEN SWIM 7:00-6:00	OPEN SWIM 1:00-4:30				
6:00											
6:30											
7:00											
7:30											
8:00											
8:30											
9:00											
9:30								OPEN SWIM 5:30-2:15	ARTHRTIS EXERCISE 10:30-11:30	OPEN SWIM 5:30-2:15	ARTHRTIS EXERCISE 10:30-11:30
10:00											
10:30		OPEN SWIM 11:30-1:30	<b>POOLS CLOSED 1:30-3:30</b>	OPEN SWIM 11:30-1:30	<b>POOLS CLOSED 1:30-3:30</b>						
11:00											
11:30		SENIOR EXERCISE 2:15-3:15	OPEN SWIM 3:30-9:00	OPEN SWIM 3:30-9:00	OPEN SWIM 3:30-8:00						
Noon											
12:30		OPEN SWIM 3:15-9:00	OPEN SWIM 3:30-9:00	OPEN SWIM 3:15-9:00							
1:00											
1:30		OPEN SWIM 3:15-9:00	OPEN SWIM 3:30-9:00	OPEN SWIM 3:15-9:00							
2:00											
2:30		OPEN SWIM 3:15-9:00	OPEN SWIM 3:30-9:00	OPEN SWIM 3:15-9:00							
3:00											
3:30		OPEN SWIM 3:15-9:00	OPEN SWIM 3:30-9:00	OPEN SWIM 3:15-9:00							
4:00											
4:30	OPEN SWIM 3:15-9:00	OPEN SWIM 3:30-9:00	OPEN SWIM 3:15-9:00								
5:00											
5:30	OPEN SWIM 3:15-9:00	OPEN SWIM 3:30-9:00	OPEN SWIM 3:15-9:00								
6:00											
6:30	OPEN SWIM 3:15-9:00	OPEN SWIM 3:30-9:00	OPEN SWIM 3:15-9:00								
7:00											
7:30	OPEN SWIM 3:15-9:00	OPEN SWIM 3:30-9:00	OPEN SWIM 3:15-9:00								
8:00											
8:30	OPEN SWIM 3:15-9:00	OPEN SWIM 3:30-9:00	OPEN SWIM 3:15-9:00								
9:00											