



Silver Falls Family YMCA

601 Miller Street, Silverton, OR 97381 503.873.6456 www.theYonline.org Facebook.com/silverfallsymca

Pool Schedule: July 31, 2017 - September 5, 2017

| | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | Sunday | |
|-------|---------------------------------|---------------------------------|---------------------------------|------------------------------------|------------------------------------|---------------------------------------|---------------------------------------|--------------------------|
| 5:30 | Closed | Closed | Closed | Closed | Closed | Closed <i>Available for Rental</i> | Closed | |
| 6:00 | Lap Swim | Lap Swim | Lap Swim | Lap Swim | Lap Swim | | | |
| 6:30 | | | | | | | | |
| 7:00 | | | | | | | | |
| 7:30 | | | | | | | | |
| 8:00 | Limited Lap Swim Aquacise | Limited Lap Swim Aquacise | Limited Lap Swim Aquacise | Limited Lap Swim Self Led Aquacise | Limited Lap Swim Self Led Aquacise | | | |
| 8:30 | Limited Lap Swim Stretch & Tone | Limited Lap Swim Stretch & Tone | Limited Lap Swim Stretch & Tone | Limited Lap Swim Self Led Aquacise | Limited Lap Swim Self Led Aquacise | | | |
| 9:00 | Lap Swim Swim Lessons | Lap Swim Swim Lessons | Lap Swim Swim Lessons | Lap Swim Swim Lessons | Lap Swim Swim Lessons | | | Lap Swim Swim Lessons |
| 9:30 | | | | | | | | |
| 10:00 | Lap Swim Swim Lessons | Lap Swim Swim Lessons | Lap Swim Swim Lessons | Lap Swim Swim Lessons | Lap Swim Swim Lessons | | | Lap Swim Swim Lessons |
| 10:30 | | | | | | | | |
| 11:00 | Lap Swim Swim Lessons | Lap Swim Swim Lessons | Lap Swim Swim Lessons | Lap Swim Swim Lessons | Lap Swim Swim Lessons | Lap Swim Swim Lessons | | |
| 11:30 | | | | | | | | |
| 12:00 | Lap Swim Swim Lessons | Lap Swim Swim Lessons | Lap Swim Swim Lessons | Lap Swim Swim Lessons | Lap Swim Swim Lessons | Lap Swim Swim Lessons | | |
| 12:30 | | | | | | | | |
| 1:00 | Open Swim [1:00p - 3:00p] | Open Swim [1:00p - 3:00p] | Open Swim [1:00p - 3:00p] | Open Swim [1:00p - 3:00p] | Open Swim [1:00p - 3:00p] | Lap Swim Swim Lessons | Lap Swim Swim Lessons | |
| 1:30 | | | | | | | | |
| 2:00 | | | | | | | | |
| 2:30 | | | | | | | | |
| 3:00 | Lap Swim Swim Lessons | Lap Swim Swim Lessons | Lap Swim Swim Lessons | Lap Swim Swim Lessons | Lap Swim Swim Lessons | Open Swim [2:00 - 4:00] | Open Swim [2:00 - 4:00] | |
| 3:30 | | | | | | | | |
| 4:00 | | | | | | | | |
| 4:30 | | | | | | | | |
| 5:00 | Lap Swim Swim Lessons | Lap Swim Swim Lessons | Lap Swim Swim Lessons | Lap Swim Swim Lessons | Lap Swim Swim Lessons | Closed <i>Available for Rental</i> | Closed <i>Available for Rental</i> | |
| 5:30 | | | | | | | | |
| 6:00 | | | | | | | | |
| 6:30 | | | | | | | | |
| 7:00 | Open Swim [7:00p - 8:30p] | Open Swim [7:00p - 8:30p] | Open Swim [7:00p - 8:30p] | Open Swim [7:00p - 8:30p] | Open Swim [7:00p - 8:30p] | | | |
| 7:30 | | | | | | | | |
| 8:00 | | | | | | | | |
| 8:30 | | | | | | | | |

Limited Open Swim occurs in our two family pools only .
 The pool will be cleared 5 minutes before open swim is over.
 If the pool is empty 30 minutes prior to closing, the pool will close early.

The Y will be closed on the August 21st & September 4th.