



FOR YOUTH DEVELOPMENT<sup>SM</sup>  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# M/I YMCA INSPIRATION DANCE COMPANY

## 2016-17 Dance Schedule

Time	Monday	Tuesday	Wednesday	Thursday	
4:00 PM					
4:15 PM					
4:30 PM					
4:45 PM					
5:00 PM					
5:15 PM					
5:30 PM				Pre-Ballet 5:15-5:55PM	
5:45 PM					
6:00 PM			Pre-Hip Hop 5:45-6:25PM	Creative II 6--6:25PM	
6:15 PM					
6:30 PM	Beginning Ballet I & II 6:30-7:25PM		Beginning Hip Hop I 6:30-7:10PM		
6:45 PM				Hip Hop/Break Dance 6:45- 7:25PM	
7:00 PM					
7:15 PM					
7:30 PM		Beg Hip Hop II 7:30- 8:25PM	Adult Dance Combo 7:30-8:30 PM	Dance Team II 7:30-8:25 PM	
7:45 PM					
8:00 PM					
8:15 PM					

### BUILDING CREATIVITY, SELF-ESTEEM AND TEAMWORK THROUGH DANCE!

***MIY Dance Program Open House at the MIY on Friday, September 23 from 5-6:30 pm!***

*The M/I YIDC Dance Program is a 32-week program, beginning on October 3, 2016 and ending on June 10, 2017 with the M/I YIDC Dance Recital! Pmts for the 32-week program are divided into 8 equal installments.*

**Payments:** The first installment AND the \$30 annual registration fee are due prior to classes starting on October 3. Subsequent installments are due on the first day of each month, November 2016 - May 2017. Students are registered for the entire 32-week season, but may cancel at any time by giving notice to the M/I YMCA in writing by the 15<sup>th</sup> of the month prior to when the student will stop attending class (for example, by Jan 15 to stop attending on Feb 1).

**Tuition Payment Plans:** Students are encouraged to sign up for Electronic Funds Transfer (EFT) to pay their monthly tuition. If not signing up for EFT, student must pay 4 months of tuition at time of registration, with the 2nd 4-month tuition payment due on Jan. 15, 2017.

**Discounts:** Registration fee: \$30 registration fee discounted to \$20 for dance registrations on or before September 23, 2016. Multi-class Discount: Students pay full monthly tuition for first class and receive \$10 off the monthly tuition for each additional class. Full-year tuition payment discount: Students paying for the entire 32 weeks of dance at the time of registration receive a 5% discount.

**Financial assistance is available:** Contact the M/I YMCA for forms and details

## Class Descriptions:

***Creative Dance, Pre-Ballet and Pre-Hip Hop:*** These fun-filled classes teach an understanding of music and rhythm while introducing dance basics with an emphasis on ballet vocabulary or hip hop rhythms and moves in Pre-Ballet & Pre-Hip Hop classes.

***Hip Hop:*** Dancers will learn the hottest street style moves to the best new R&B and Hip Hop songs while focusing on flexibility, core strength, and dance technique as well as basic hip hop tricks. Hip Hop/Break Dance is a rugged, athletic class for those wishing to learn both hip hop steps and beginning level tricks.

***Ballet:*** Technique is the foundation of dance! Our ballet classes focus on proper technique, alignment, grace, flexibility and core strength required of a trained dancer. Classes follow the Russian (Vaganova) Ballet syllabus updated by Ballet Master Finis Jhung.

***Dance Team:*** Students learn dance-team warm-ups to build technique, learn team skills (turns, jumps, leaps), and learn a new dance team routine in each class. Combines jazz, modern, lyrical and hip hop preparing students to successfully audition for school dance-teams!

***Adult Dance Combo Class:*** A sampling of four unique dance styles in one class: Hip Hop, Modern, Jazz and West African Dance. Class is open to adults with all levels of experience. **Get up and Dance** with the YIDC "Dance Moms" in this exhilarating, fun-filled class!

## Class Age/Experience Requirements and Pricing:

<b>Creative Dance II:</b> Ages 3-6 (25 minute class)	Member \$35/ Non-Member \$45
<b>Pre-Ballet &amp; Pre-Hip Hop:</b> Ages 5*-7 / *age 5: 1 prior year Creative recommended (40 minute class)	Member \$45/ Non-Member \$55
<b>Beginning Hip Hop I:</b> Ages 8-14 (40 minute class)	Member \$45/ Non-Member \$55
<b>Beginning Hip Hop II:</b> Ages 10-14 with 2+ yrs dance, 15-17 no experience needed (55 minute class)	Member \$55/ Non-Member \$65
<b>Hip Hop/Break Dance:</b> Ages 8-14 (40 minute class)	Member \$45/ Non-Member \$55
<b>Beginning Ballet I &amp; II:</b> Ages 8*-14 with 0-2 years ballet exp. *Age8: 1 year prior pre-ballet recommended (55 minute class)	Member \$55/ Non-Member \$65
<b>Dance Team II:</b> Ages 10-16 with 2+ years of experience or director approval (55 minute class)	Member \$55/ Non-Member \$65
<b>Adult Combo:</b> Ages 18 & up, all levels of experience (60 minute class)	Member \$55/ Non-Member \$65