



STRETCH YOUR LIMITS

SALEM FAMILY YMCA GYMNASTICS

Our youth gymnastics program is for boys and girls who will have the opportunity to learn skills on floor, balance beam, and uneven bars. **No tryouts or experience required.**

AGES: Micro: 3-5 years old.

Beginner: 5- 12 years old.

Intermediate and Advanced: 6-12 year olds who want to build on their basic skills learned from previous classes.

WHEN: Registration is open!

Monthly Sessions September 2017 - May 2018

Micro: Saturdays 9:00 - 9:45AM

Beginner: Mondays 5:00 - 6:30PM

Intermediate: Tuesdays 4:15 - 5:45PM

Advanced: Wednesdays 5:00 - 6:30PM

WHERE: Salem YMCA Mat Room

REGISTRATION FEE: \$30 Member | \$60 Non-Member

Financial assistance is available; please call for more information.