



Silver Falls Family YMCA

601 Miller St, Silverton, OR 97381 (503) 873-6456 www.theYonline.org Facebook.com/silverfallsymca

Pool Schedule: February 12th, 2018 - May 27th, 2018

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
6:00	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Closed	Closed
6:30							
7:00							
7:30							
8:00	Aquacise (8-9)	Aquacise (8-9)	Aquacise (8-9)	Limited Lap Swim	Limited Lap Swim		
8:30	Limited Lap Swim	Limited Lap Swim	Limited Lap Swim				
9:00	Stretch & Tone (9-10)	Stretch & Tone (9-10)	Stretch & Tone (9-10)				
9:30							
10:00	Lap Swim						
10:30	Limited Open Swim						
11:00	Lap Swim Swim Lessons	Lap Swim Limited Open Swim	Lap Swim Swim Lessons	Lap Swim Limited Open Swim			
11:30							
12:00							
12:30				Lap Swim Private Lessons (12-2p)			
1:00	Pool & Office Closed (1-3:30p)					Open Swim (2-4p)	
1:30							
2:00							
2:30							
3:00	SFR Swim Team (3:30-5) Limited Lap Swim Limited Open Swim					Closed Available for Rental	
3:30							
4:00							
4:30							
5:00							
5:30	Swim Lessons Limited Lap Swim	Limited Lap Swim Aquacise	Swim Lessons Limited Lap Swim	Limited Lap Swim Aquacise	Limited Lap Swim Self Led Aquacise		
6:00							
6:30							
7:00							
7:30					Open Swim		
8:00							

Showers are required before entering the Pool.

Limited Open Swim occurs in our two family pools only.

The pool will be closed from 3:30-7p for SHS Home Swim Meets on Jan 3rd, Jan 9th, Jan 18th & Jan 23rd.