

## AQUA FITNESS INSTRUCTOR

Come join our team! Swimming programs have been a part of the Y for over 100 years!

**GENERAL FUNCTION:** The Aqua Fitness instructor will lead classes to promote a healthy lifestyle. It is a moderate to high intensity workout set to music and includes fitness components and deep water exercises. There may be other opportunities to lead other swim classes as well. The position is responsible for ensuring that the mission, purpose, image and core values of the YMCA is conveyed.

### QUALIFICATIONS:

- WSI certified and experienced
- CPR/AED certification
- Lifeguarding certification a plus and would make the candidate eligible for more hours
- The individual must be able to work effectively with diverse populations and must be responsible and reliable

**PRINCIPLE ACTIVITIES:** The member relations aspect of this position requires that relationship building be a priority at all times, attending to the needs and requests of health seekers, members, and all people within the YMCA in a courteous and friendly manner. Current classes are offered Monday through Friday mornings and then MWF evenings at 7:00pm.