



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

BRING CREATIVITY TO LIFE THROUGH DANCE!



2017-18 DANCE PROGRAM
YMCA Inspiration Dance Company
SALEM FAMILY YMCA

CLASSES BEGIN SEPTEMBER 25!

The YMCA Inspiration Dance Company Dance Program is a 32-week program, beginning September 25, 2017 and ending on June 2, 2018 with a year-end dance recital! Classes include: Creative Dance, Hip Hop, Ballet, Jazz, Tap, Contemporary, Modern Dance, Dance Team, and Conditioning for Dancers!

Dance Open House September 14

Join us on September 14, 2017 from 6:00 pm to 8:00 pm to learn more about the YIDC dance program and dance with the YIDC instructors.

Program Details

We offer classes for ages 2 1/2 to adult! See our season schedule for class details and monthly price information. There is a \$40 Annual Registration fee for each student. (Discounted if registering at or before the September 14 YIDC Open House)

Registration Begins August 15

Registration opens August 15, 2017. Stop by the Welcome Desk at the Salem Family YMCA to register for 2017-18 Dance!

Scholarships available for those who qualify! Check with Welcome Desk for more information.



YMCA INSPIRATION DANCE COMPANY

2017-18 Dance Schedule



“GET UP AND DANCE!”

Time	Location	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
9:00 AM-9:30 AM	Kells Room			Creative II			
9:30AM-10:00 AM	Kells Room						Creative II
9:45 AM-10:15 AM	Kells Room			Creative II			
3:30 PM-4:45 PM	Kells Room	Advanced Modern*		Modern Partnering***			
4:00 PM-4:25 PM	Kells Room		Creative I				
4:20 PM-4:55 PM						Pre-Tap	
4:30 PM-5:10 PM	Kells Room		Pre-Ballet		Pre-Hip Hop		
4:45 PM-5:40 PM	Kells Room	Ballet I*		Intermediate Modern*			
5:00 PM-5:40 PM	Kells Room					Beginning Tap/Jazz	
5:15 PM-6:10 PM			Beg Ballet		Creative III Ends at 5:45 pm		
5:45 PM-6:25 PM	Kells Room	Pre-Hip Hop		Dance Team I	Pre-Ballet	Beginning Hip Hop I	
6:00 PM-6:55 PM	Mat Room	Conditioning for Dancers*					
6:15 PM-7:30 PM	Kells Room		Ballet III**				
6:30 PM-7:25 PM	Kells Room	Beginning Hip Hop I/II		Ballet II**	Intermediate Tap*	Ballet II**	
	Anderson Room					Dance Team II*	
7:30 PM-8:45 PM	Kells Room	Ballet IV**	Ballet V**	Ballet IV**	Ballet V**	Ballet III**	
7:30 PM-8:25 PM	Anderson Room	Boys' Hip Hop		Intermediate Hip Hop*		Beginning Modern	
8:30 PM-9:30 PM	Anderson Room	Break Dance	Advanced Hip Hop*	Adult Dance Combo	Int Jazz/Contemporary*		
8:45 PM-9:15 PM	Kells Room	Pointe** Levels IV & V	Pointe/ Pas de Deux** Level V only	Pointe** Levels IV & V	Pointe/ Pas de Deux** Level V only		

Information: inspirationdanceco@yahoo.com

- ⇒ *Previous dance experience required. New students should consult with the Director for appropriate class level.
- ⇒ **Class meets 2 times per week, previous Ballet experience and Director's approval required.
- ⇒ ***Two-level class: Students newer to Partnering attend 3:30-4:15 pm. Students with 2+ years partnering continue with advanced skills from 4:15-4:45 pm.
- ⇒ All classes are held at the Salem Family YMCA, 685 Court St NE, Salem, OR 97301. 503-581-9622.

Class Details and Monthly Pricing

Registration and Payment Details:

Registration is in person at the YMCA Welcome Desk. Payments for the 32-week program are divided into 8 equal installments. The first installment and the \$40 annual registration fee are due at registration. Subsequent installments are due on the first day of each month, November 2017 through May 2018. Students registering on or before September 14, 2017 receive a \$10 discount off the annual registration fee. Financial assistance is available for those who qualify. Please inquire at the YMCA Welcome Desk.

Creative Dance, Pre-Ballet, Pre-Tap and Pre-Hip Hop: These fun-filled classes teach an understanding of music and rhythm while learning dance basics with an emphasis on ballet vocabulary in Pre-Ballet, basic tap steps in Pre-Tap or hip hop rhythms and moves in Pre-Hip Hop.

Creative Dance I (ages 2 1/2 -3)	Member \$40 / Non-Member \$50
Creative Dance II (ages 3-5)	Member \$40 / Non-Member \$50
Creative Dance III: (ages 4-6)	Member \$40 / Non-Member \$50
Pre-Ballet, Pre-Tap & Pre-Hip Hop: ages 5-7 (1 yr prior Creative Dance strongly recommended)	Member \$50 / Non-Member \$60

Hip Hop, Boys' Hip Hop, Break Dance: Dancers will learn the hottest new street style moves to the best new R&B and Hip Hop songs while focusing on performance skills, flexibility, core strength, stamina, dance technique and basic tricks. Boys' Hip Hop and Break Dance classes focus on learning break dance moves, stalls, headstands, flips and other tricks in addition to linking stunts together to form dance phrases to music.

Beginning I (40-minute class): ages 7-11	Member \$50 / Non-Member \$60
Beginning I/II: ages 9-16 with 0-2 yrs dance exp (age 8 allowed with 1+ prior years of dance)	Member \$60 / Non-Member \$70
Boys' Hip Hop: ages 7-14	Member \$60 / Non-Member \$70
Break Dance: ages 10 & up, previous hip hop experience highly recommended	Member \$60 / Non-Member \$70
Intermediate: ages 11-16 with 3+ yrs dance exp	Member \$60 / Non-Member \$70
Advanced: ages 14-19 with 5+ yrs dance exp	Member \$60 / Non-Member \$70

Ballet: Technique is the foundation of dance! Our ballet classes focus on proper technique, alignment, grace, flexibility and core strength required of a trained dancer. Classes follow the Russian (Vaganova) Ballet syllabus as updated by Ballet Master Finis Jhung. Ballet IV students begin work en pointe. Ballet V students study pointe variation and pas de deux in addition to regular ballet work.

Beginning Ballet: ages 7-14 (age 7 must have 1-2 yrs of pre-ballet & Director's permission)	Member \$60 / Non-Member \$70
Ballet I: ages 9-12 with 2+ years ballet, ages 13-15 with 1 yr of dance & Director's permission	Member \$60 / Non-Member \$70
Ballet II: (1 hr class meets 2X/wk) ages 10-18 with 3+ yrs ballet & Director's permission	Member \$90 / Non-Member \$105
Ballet III: (1 ¼ hr class meets 2X/wk) ages 11 & up with 4+ yrs ballet & Director's permission	Member \$120 / Non-Member \$135
Ballet IV: (1 ¼ hr class meets 2X/wk) 5 + yrs ballet & Director's permission	Member \$120 / Non-Member \$135
Ballet V: (1 ¼ hr class meets 2X/wk) 7 + yrs ballet & Director's permission	Member \$120 / Non-Member \$135
Pointe & Pas De Deux: (1/2 hr class meets 2X/wk) Must be taken with Ballet IV or Ballet V	Member \$50 / Non-Member \$60

Jazz/Contemporary, Tap, Tap/Jazz and Combo Classes: Jazz explores many styles of Jazz – Fosse, funk, lyrical – each of these styles combines classic dance technique with innovative ways of moving. Tap students learn rhythmic basics and learn dance routines set to popular Broadway songs. Contemporary style is infused with choreography as seen on the popular TV show SYTYCD. Dance Combo explores a variety of dance styles including jazz, contemporary, hip hop and/or modern, tailored to the interests of the students.

Beginning Tap/Jazz (40-minute class): ages 8-14	Member \$50 / Non-Member \$60
Intermediate Jazz/Contemporary: ages 11 & up with 3+ yrs dance exp	Member \$60 / Non-Member \$70
Intermediate Tap: ages 11 & up with 3+ yrs tap	Member \$60 / Non-Member \$70
Teen/Adult Dance Combo: All levels, ages 15 & up	Member \$60 / Non-Member \$70

Dance Team: An energetic dance class that prepares students to successfully audition for / dance on school dance teams. Students learn dance team-style warm-ups and skills essential to dance team performance including turns, leaps, and jumps. Students will be challenged to learn new steps quickly with new choreography in each class. Great preparation for students who want to join a school dance team!

Dance Team I (40 minute class): ages 6-9	Member \$50 / Non-Member \$60
Dance Team II: ages 10-18 w/ 2+ yrs dance	Member \$60 / Non-Member \$70

Modern Dance and Modern Partnering: Modern dance classes build on Ballet technique, incorporating a fluid use of the back with dance phrases moving boldly through space. In Modern Partnering the focus is on non-traditional partnering including weight-sharing and reciprocals. Class will be divided between those new to partnering and experienced partnering dancers in order to challenge students at all levels. All students will work together for first 45 minutes, then experienced dancers will continue with advanced partnering skills.

Beginning Modern: ages 8-14	Member \$60 / Non-Member \$70
Intermediate Modern: ages 10 & up with 3+ yrs dance exp	Member \$60 / Non-Member \$70
Advanced Modern: (75 minute class) ages 14 & up with 4+ yrs modern or 5+ yrs other dance	Member \$70 / Non-Member \$80
Modern Partnering: ages 10 & up with 3+ yrs dance exp	Member \$60 / Non-Member \$70

Conditioning for Dancers: Through individual hands-on instruction, students will gain the ease and strength of a professional dancer. Highly recommended for dancers level 2 and higher. Students in Intermediate and Advanced Modern, Intermediate Jazz/Contemporary, Partnering, and Ballet III, IV and V strongly urged to take this class! Emphasis on core and upper body strengthening, leg and foot flexibility and strength. This is a training class, not a performance class. *Reduced rate to encourage our serious dancers to attend!*

Conditioning for Dancers: ages 10 & up	Member \$35 / Non-Member \$45
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++SPECIAL RATE FOR THE SERIOUS DANCER: RECEIVE \$10 OFF EACH ADDITIONAL CLASS FEE AFTER FIRST CLASS PAID AT FULL TUITION RATE++



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YMCA Inspiration Dance Company Year At-a-Glance 2017-18!

SEPTEMBER:

Registration Open

Dance Open House

Dance Classes Begin



NOVEMBER/DECEMBER:

Parent Welcome Meeting

Costume Fees Due

Costume Measurements

Thanksgiving/Winter Breaks

Class "Showings"

APRIL/MAY:

Costume Fittings in Classes

Recital Parent Meeting

Recital Tickets on Sale!

Picture Day!

Recital rehearsals

JUNE:

Technical & Dress Rehearsals

SPRING DANCE RECITAL
at the Historic Elsinore Theatre!

